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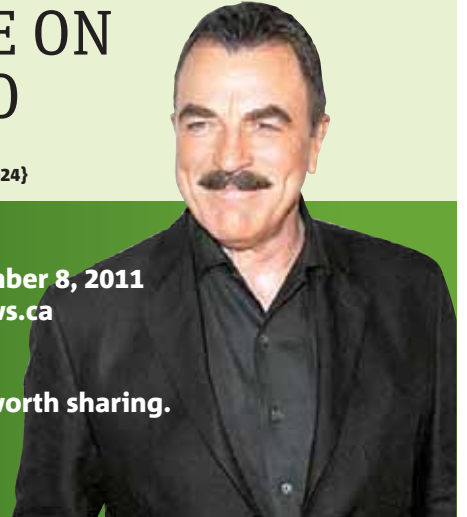
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**THERE'S NOTHING BORING ABOUT BOAR BURGERS LUNCH RUSH**  
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MO BROS ARE ON A MISSION TO EDUCATE {pages 23-24}



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News worth sharing.



► Dr. Conrad Murray reacts after the jury returns with a guilty verdict yesterday in his involuntary manslaughter trial in Los Angeles. Murray, who was Michael Jackson's physician, was painted as a reckless caregiver who administered a lethal dose of a powerful anesthetic that killed the pop star. For more coverage, turn to page 12.

AL SEIB/THE ASSOCIATED PRESS

# Council approves 'action plan' to remove occupiers

- Council also to review city's actions during occupation
- Shouting match erupts in city hall atrium after decision



**KATIE TURNER**  
@METRONEWS.CA

City council voted unanimously to proceed with an action plan to remove Occupy Calgary tents, but it remains unclear when that will happen.

After hours of in-camera discussions during which council received legal advice on how to deal with the camps, councillors decided to continue to implement a plan to remove the tents and structures.

Mayor Naheed Nenshi said the first step will be to post a warning in the park, followed by ticketing demonstrators and removing tents. However, he wouldn't say when this will take place.

"It is really a tactical issue for the bylaw folks and the police to

decide upon when they're moving forward," he said. "I'm looking forward to that happening soon."

Despite the decision, Occupy demonstrators such as Tavis Ford say they will remain in the plaza.

"We won't leave. They can take our tents away if that's what they feel is necessary, but we're not going anywhere," Ford said. "Even at night we will find ways of keeping warm."

Merle Terlesky, a former candidate for alderman, called council's decision "toothless," adding, "You should be ashamed of yourselves," as he left council chambers.

Terlesky and Occupy demonstrators shouted back and forth outside chambers until security asked them to leave.

Nenshi said the city has shown

## Occupied territory

- While council was in-camera, Occupy demonstrators began chanting demands.
- Several protesters had plans to return to St. Patrick's Island to reoccupy that space.
- For more on Occupy Calgary, turn to page 6.

a lot of patience in recent weeks but it's time to take action.

"Do I believe that the protesters have made their point? Yes, I do," he said. "Do I believe that we've got an action plan in place to help make that happen while protecting everyone's rights? Yes, I do."

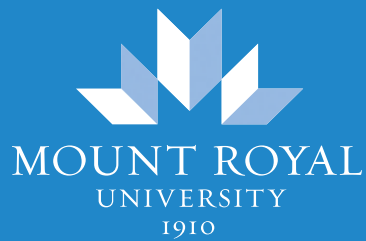
Jackson's doctor convicted

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## Council OKs green-bin pilot

Green bins are en route for some communities after Calgary city council unanimously approved a pilot project for organic waste.

Ald. Shane Keating questioned whether or not those who compost already could opt out of the program.

General manager of Utilities and Environmental Protection Rob Pritchard said the kinks will be worked out after the pilot.

"It's no cost to the participant so we would hope ... it would encourage even people who compost to take part in the project."

● KATIE TURNER

## Nenshi feels the heat for recent tweet

Calgary's mayor apologized for a Twitter exchange in which he made a comment about one commentator going "off (his) meds."

Mayor Naheed Nenshi said he should have chosen different words but added this particular person has attacked him in the past and has accused his sister of being involved in a branch of radical Islam.

"I feel bad that people were offended by that, but part of the world that I live in is I am who I am and there's a certain authenticity, and when people engage with me on Twitter, that's what they get." ● KATIE TURNER

# Brain-injury patients forced from home

- ▶ Critics of health-funding process call on Redford government to act
- ▶ Families of patients say they fear for safety at new facilities



JEREMY NOLAÏS  
@METRONEWS.CA

Dean Christofferson never saw the bat coming, but he certainly felt the repercussions.

Roughly 30 years after the Calgary resident was struck in a seemingly random attack, he still copes with severe brain injury — life in a wheelchair and reduced cognitive function are symptoms he will never fully overcome.

Thankfully for Christofferson and his mother, Lexie, the Universal Rehabilitation Service Agency stepped in to provide personalized care that aims to reintegrate patients in the community.

"I like this place," Dean said yesterday. "This is my home."

But now the Christoffersons and about two dozen other families fear the worst as patients begin moving out of the URSA homes today into facilities that Lexie says appear inadequate.

This comes after refusal by URSA to participate in Alberta Health Services' request for proposal funding process.

URSA head Doug Hauser said this year's funding stipulations would require him to cut staffing hours in half, leading to a model fo-



▶ Dean Christofferson is seen yesterday with his mother, Lexie, at the Universal Rehabilitation Service Agency home in Inglewood, where he has lived since 1998. A funding dispute involving Alberta Health Services will likely force Dean to move in the near future.

cused solely on "custodial care."

AHS spokesperson Pam Brown said the model aims to provide a level playing field for all personal-care providers operating in the province.

"We have extended every opportunity to URSA we could to participate, but they declined," she said.

Calgary Currie MLA

Dave Taylor called on Alberta Premier Alison Redford to intervene and amend the RFP process before quality of life is hampered for many.

"They are cared for in a community environment as opposed to a hospital," he said of the URSA patients.

"They have a reason to get up and out of bed every morning."

### 25 years

▶ The Universal Rehabilitation Service Agency has been operating in the province for roughly a quarter-century.

▶ During that time the non-profit group has provided care at three homes to hundreds of brain-injured patients.

# 1

  
news


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**As Greece shows signs that its darkest debt days may soon pass, the focal point of investors' fears shifts to Italy. Allan Small has more at metronews.ca/investing**



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## 'STACHE VS 'STACHE



For the month of November, Metro editor goes up against Metro columnist in a mo grow to help raise money and awareness for the fight against prostate cancer. Columnist Mike Morrison and Metro Calgary editor Darren Krause talked after their first week of growth.

## MIKE MORRISON

## What style of 'stache are you going for?

At this point, anything. More than a week in and I practically have nothing to show for it.

## Are you happy with your hair-growing progress thus far?

I'm happy because I'm doing Movember, but it's not showing up, so I'm not feeling the

embarrassment that usually comes with having a developing moustache.

## What's the feedback you've been getting from friends, family and the general public?

People are just really happy that I have any sort of hair on my face. Without it I look like a twelve-year-old with wrinkles.

## In terms of fundraising, what kind of strides have you made in the first week?

My goal is to get 1,000 people to each donate \$1, for a total of \$1,000. I already have more than \$350. I'm so happy people are helping out.



## DARREN KRAUSE

## What style of 'stache are you going for?

Vintage 1800s-style 'stache, complete with mutton chops. By the end of this, you'll

mistake me for a Civil War general.

## Are you happy with your hair-growing progress thus far?

Sure. But my wife isn't.

## What's the feedback you've been getting from friends, family and the general public?

I usually get the cursory, "I hate the 'stache, but great cause to support."

## In terms of fundraising, what kind of strides have you made in the first week?

I'm a little behind where I want to be — only around \$100. I want to get to \$1,000, so I need this kind of publicity. ● METRO

## City charter still years away: Griffiths

► Municipal affairs minister and mayor met to discuss priorities last week ► Both parties agree on giving municipalities more taxation power



JEREMY NOLA  
@METRONEWS.CA

Granting further taxation power to municipalities was discussed during a meeting last week between Mayor Naheed Nenshi and Alberta's newly appointed municipal affairs minister, but actual legislative changes could be years away.

That revelation came from minister Doug Griffiths yesterday following his speech at a housing conference in Calgary.

"It won't be done in the next three months or two weeks," he said. "It's a very complex thing."

Griffiths pledged support for allowing municipalities greater control over their futures when it comes to civic funding during the recent Tory leadership contest.

He finished sixth in that contest but was later granted a ministerial portfolio — suggesting the establishment of a city charter containing more power at the municipal level is a likelihood.

Griffiths said he wants to work the charter into the Municipal Government Act legislation but has been told that could take anywhere from two to six years.

Nenshi has long been a

► Alberta Municipal Affairs Minister Doug Griffiths chats with reporters following a housing conference in Calgary yesterday.



proponent of increased taxation powers for his council and looks forward to seeing what lies ahead under the new Alison Redford-led government.

"To get it right is going to take a while so what I'm really interested in seeing is a commitment from the province for the next election that this is a road they want to go on," Nenshi said yesterday.

● WITH FILES FROM KATIE TURNER

## Charter facts

- Calgary is the largest Canadian city operating without special legislation regarding taxation.
- Critics of a city charter told Metro during the Tory election campaign that establishing one typically leads to citizens paying higher taxes overall for similar service.
- Improvements to

affordable housing and on-going funding for transportation infrastructure were among other topics discussed by Nenshi and Griffiths during a meeting last week. ► Griffiths is a rookie minister but demonstrated knowledge of achieving civic success through a publication last year titled 13 Ways to Kill Your Community.

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# Occupy camp yields few solutions: Residents

► Homeless people expected to be given accommodation, but many planned to sleep outside again last night ► City advocates, organizer urge patience as placements are found



**JEREMY NOLAÏS**  
@METRONEWS.CA

Residents of Calgary's first Occupy camp pulled their tent pegs from the soil on St. Patrick's Island yesterday after a month-long stay that most said accomplished little.

The feelings at the camp were far from the joy expressed Thursday night when the group, made up almost entirely of homeless people, voted to accept an accommodation deal steered by Calgary Homeless Foundation head Tim Richter.

"Nobody's going anywhere," Rachel Shields, one of the first women to settle on the island, said yesterday. "We are all going back to (support) centres or to pitch a tent somewhere

## Displaced

► Approximately 35 homeless people were staying at the St. Patrick's Island camp when a deal was struck with the Calgary Homeless Foundation. Representatives with numerous agencies were on scene Friday and again

else."

The scene of the camp being torn down was enough to bring Shields to tears yesterday, as she and five others speaking to Metro expressed concerns the group had lost its most valuable asset — unity.

Shamus Stoner, who came to the camp hoping to get past addiction issues, said he's already been kicked out of a local shelter

yesterday to discuss possible placements.

► An ad hoc committee to discuss further solutions has also been established with members, including the Calgary Homeless Foundation head Tim Richter, Occupy organizer Paul Hughes, city Ald. Gian-Carlo Carra and other social agency representatives.

and would likely return to the island to camp illegally once the authorities left.

"This whole thing seems like it was a waste of time," he said.

But Paul Hughes, who initially opened the camp in early October after consultation with the city, maintained that an important dialogue regarding the homeless plight in Calgary started because of his



► Rachel Shields, who has been homeless off and on for five years, cries as she hugs another person while fellow Occupy Calgary members tear down the group's camp on St. Patrick's Island yesterday.

group's efforts.

"This is just the beginning of the story," he said yesterday.

Richter, meanwhile, said

the intent was to never allow island occupiers to jump the queue for support services.

"They are getting priori-

tized based on need," he said. "I expect they will be moving into housing, but, again, I can't say over how long."

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## EDUCATION

## Turbine project turfed

Community concerns have sucked the air out of a proposal to build a wind turbine at a south-east Calgary school, according to a release.

Calgary Board of Education officials had planned to push ahead with applying for a development permit to build

the turbine this week, but concerns from nearby residents at an open house last Wednesday led to a re-evaluation of the project.

"We asked the community for input because we genuinely wanted to learn the public response," Frank Copinger, superintendent of facilities and environmental services, said in a statement.

Among the concerns raised by open house attendees was the lack of notice regarding the project.

● METRO

## Natural-gas buses to hit the streets

More eco-friendly city buses are en route following council's approval of 200 compressed-natural-gas buses.

"What a major win for

the city," said Ald. Andre Chabot, who initially introduced the idea.

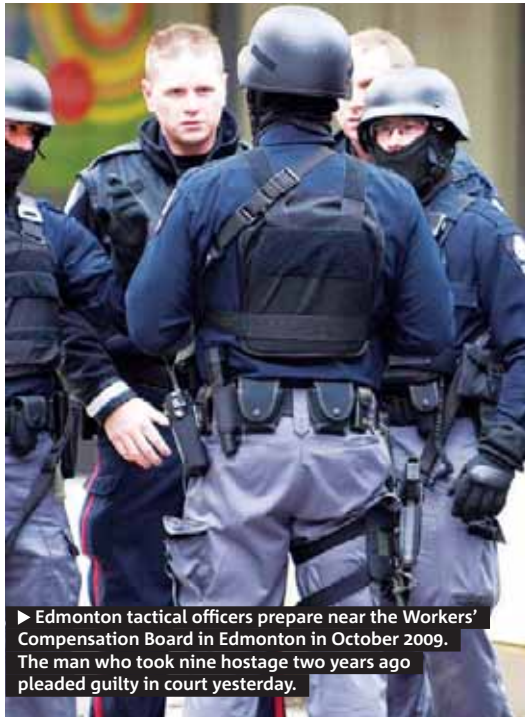
Chabot said that, along with a major reduction in carbon-dioxide emissions, the operational savings for the city will be enormous.

It's estimated the annual fuel savings will be \$11,120 per bus.

● KATIE TURNER

# Plea in hostage-taking

THE CANADIAN PRESS FILE



► Edmonton tactical officers prepare near the Workers' Compensation Board in Edmonton in October 2009. The man who took nine hostage two years ago pleaded guilty in court yesterday.

## ► Man had workers' compensation beef ► Standoff lasted 10 hours

Patrick Clayton had packed his rifle, more than 100 rounds of ammunition and an angry journal detailing his battle with the Workers' Compensation Board, when he walked into the agency's main Edmonton branch and took nine people hostage.

"Make yourself comfortable because we are going to be here for awhile," Clayton, 40, said before unpacking tie straps, twine, a knife and a CD of music he had burned so there wouldn't be any awkward silences.

At times sobbing and sympathetic, and at other moments flinging around his gun and spewing profanity, Clayton released his captives one by one and surrendered peacefully on Oct. 21, 2009.

### Sentencing

- Clayton faces a maximum life sentence for hostage-taking and a maximum 14 years each on the other charges.
- He is to be sentenced following a four-day hearing next week, when he is expected to testify and get some of the attention he was seeking two years ago.

Details of that day were released in court yesterday after Clayton pleaded guilty to three charges: Hostage-taking, pointing a firearm and possession of a weapon for a dangerous purpose.

He originally faced 18 offences but several counts were amalgamated.

THE CANADIAN PRESS

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► Social networks are knocking down barriers between work and private life ► For employers and employees, navigating the new territory means finding a balance between tweet surrender and a closed Facebook



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METRO CANADA IN OTTAWA

Checking your Facebook or Twitter feed from the office?

Maybe you're not allowed to, but experts say it's increasingly difficult for employers to enforce policies that disconnect workers from social networks.

"There's a lot of fear. Some companies are staying away from it, some companies are embracing it and there's a whole lot of rogue stuff going on," said Robert Collins, a consultant and former chief information officer for Cognos, a firm purchased by IBM that produces software that tracks employee performance.

Collins said while some managers worry about productivity loss, there's no evidence to show social media or Internet use has any impact on productivity overall.

"Before this technology people found other ways to waste time, chatting to co-workers or on the phone," he said. "There will always be problems with individuals. Those problems have to be addressed individually."

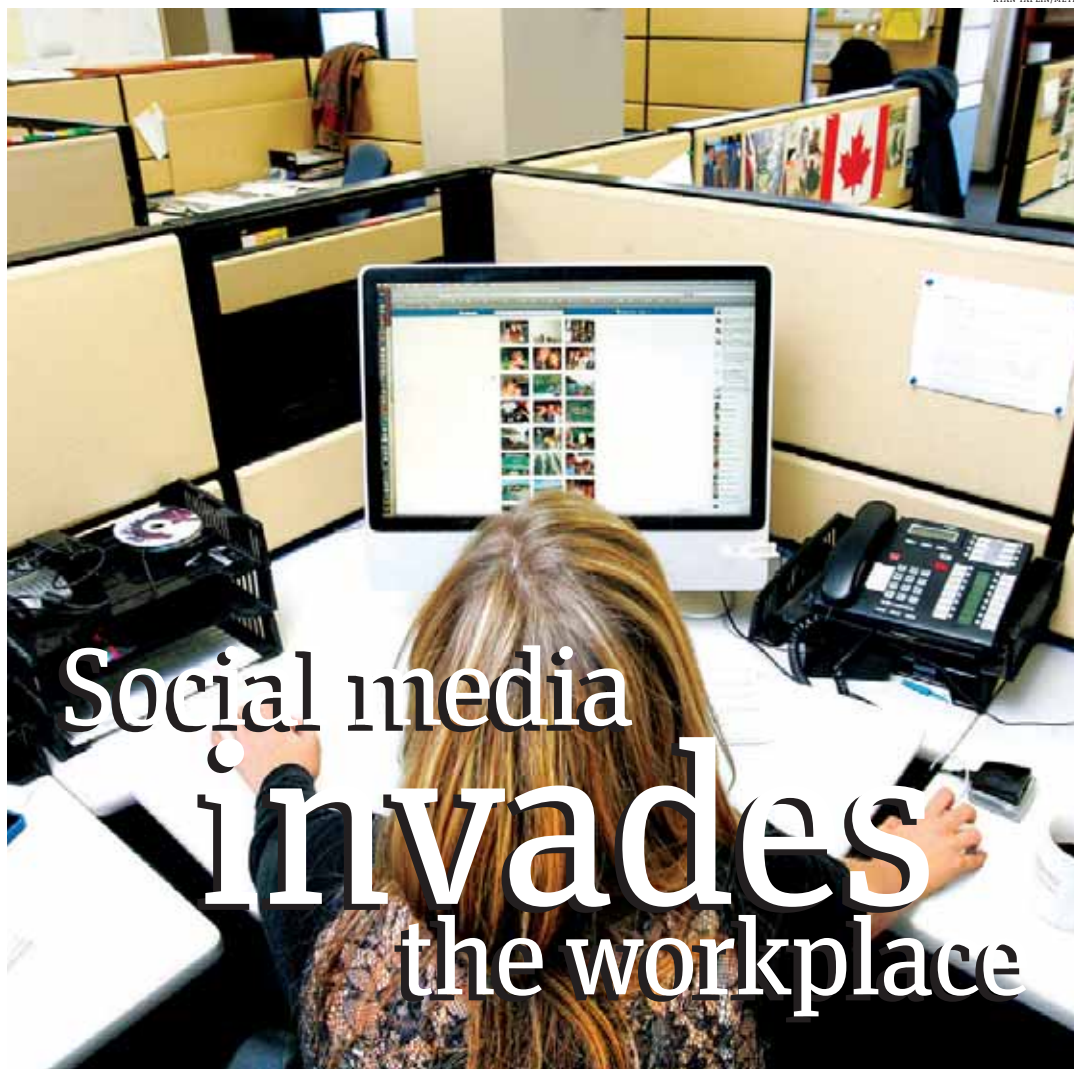
With mobile devices, it's no longer possible — or even desirable — to simply close off access, said Collins. For some workers, particularly those in communications, there's even a potential productivity gain, he said.

Employers need to face up to reality — social media is here to stay, he said.

"If your organization is not there on Facebook, not there putting out tweets, putting out a blog, somebody is going to fill the vacuum and they're not going to be doing it in the interest of your company," he said. Having a strong social media presence can counteract rogue or critical tweets, he said.

Employers also need to tell employees what is and isn't acceptable on social media. Some employers see personal social media use by employees as reflecting on them and some even ask employees to use their personal accounts for business purposes.

"There isn't any law on



# Social media invades the workplace

## A look at some of (very recent) history's most popular social media tools



any of this. It's all in the realm of corporate policies," said University of Ottawa law professor Michael Geist.

Collins and other experts say firms reap huge payoffs in extra time worked due to employees

using mobile devices and laptops at home.

Linda Duxbury, professor and expert on organizational health at Carleton University in Ottawa, said that, in her research, the intrusion into home life isn't balanced by employees

using social media or running errands online at work.

"It's all one way. The expectation is that you do work at home," said Duxbury, adding people always had this pressure, but technology makes it easier.

Collins and Duxbury both said employees need to set rules about when they will and won't be connected.

"It's better to have that conversation with your boss when it isn't a problem," said Collins.

**"I might tend to a private email or a private post while I'm at work, or I may be doing a work post while I'm at home. This very rigid distinction we used to have between work and play is no longer there."**

MARK PERRY, ASSOCIATE COMPUTER SCIENCE PROFESSOR AT THE UNIVERSITY OF WESTERN ONTARIO IN LONDON, ONT.

## Would you show it to your gran?

Wow. That was some party.

Great pics, too. So what did grandma think of them?

Before you post anything too personal to Facebook or Twitter, heed an expert's advice.

"It's best not to post anything that your grandmother wouldn't like," said Mark Perry, associate computer science professor at the University of Western Ontario in London, Ont. "Because it will come back to bite you at some point."

Perry said you should not only be wary of what you post, but how you post it.

"They should pay close attention to their privacy settings," Perry said when asked what employees should guard against to avoid getting in trouble at work.

And heads up: Watch those emails. If you're sending one titled "jerk boss," you might try "jerk beef" instead.

"There is software nowadays that can monitor email, so that it can search key words," Perry said. "It will select that out of the ingoing and outgoing email to employees." ● JIM REYNO



# Quickest way to be de-friended? Post an ad, says expert

Want to be de-friended on Facebook?

Want to go from followed to unfollowed on Twitter?

No? Then stop regularly self-promoting your job or business from your social media account.

"It's about relationships first and sales second," warns Halifax-based social media expert Kathy Colaiacovo.

She should know. It's her business to do so.

Colaiacovo runs Time

On Task Virtual Assistant, where she sets up and manages social media marketing for small businesses and entrepreneurs across Canada and the United States.

"I wouldn't have had this business five years ago," said Colaiacovo, whose client list has grown to several dozen.

"Almost every one of my clients has found me online," she said. "So without Facebook, Twitter and LinkedIn ... I cer-

tainly wouldn't be in a position I would be in right now."

Colaiacovo has a few tips for those attempting to harness the power of social media for work, which more companies are doing and they now expect their employees to do the same.

"You don't want to have them inundated with (updates)," Colaiacovo advised for those who using personal social media sites for work. "In par-

ticular on Facebook, you can use lists so that you can ensure that certain groups don't see certain updates."

And don't make it all about you, she warns.

If you do find you're losing friends, Colaiacovo said it could be you're doing too much business networking.

"It comes back to what kind of content they're using and how much they're putting out," she said. ● **HEATHER GILLIS**

## Dos and don'ts

Some of Kathy Colaiacovo's dos and don'ts for using social media at work.

- ▶ **Do fill out your bio information.** That's where people will make snap decisions on whether to follow you.
- ▶ **Do pick a user name reflecting your purpose, company, brand or who you are.**
- ▶ **Do post using the 50/30/20 rule.** 50 per cent business-related information, 30 per cent personal (things you would say at a networking event) 20 per cent sales.
- ▶ **Don't follow more people than follow you.** You'll look like a spammer.
- ▶ **Don't join too many groups of pages.** You won't be able to network effectively.
- ▶ **Don't post the same kind of update multiple times.** Post useful information others will see has value.

# Putting your best Facebook forward

Should work be all about face time with the boss, or is the occasional Facebook chat with a friend OK? We polled 413 Metropolitan Panellists from across Canada on their views on social media in the workplace.

Do you use social media for personal reasons at work?

- 14% Yes, I provide regular updates throughout the day
- 41% Sometimes, but only on my breaks
- 45% No, work time is for working



Are you Facebook friends with your boss?

- 17% Yes
- 83% No

- ▶ **@EastCoastKnits:** No way. Facebook is for private life. Work is work.
- ▶ **@88Styles:** If I am Facebook friends with my boss I make sure to keep them on a limited profile. My personal life isn't their business.
- ▶ **@katbow:** It's okay to friend the boss on FB. That way, there's no surprises when you get sloppy at the company Christmas party.
- ▶ **@Altillopinionated!** I was and the removal resulted in backlash that I will be forever haunted by.

The pictures on your profile are:

- 95% Tame and wouldn't embarrass my employer
- 5% Uncensored party shots I wouldn't want my boss to see



Think those party shots can't get you into trouble? The Internet is rife with stories of people getting canned after boozy photos showed up online.

- ▶ **No cheers here.** In 2008, a New England Patriots cheerleader was given the boot after Halloween party photos surfaced on Facebook showing her holding a Sharpie next to a passed-out man covered in offensive graffiti.
- ▶ **How tame is tame enough?** Just last month a court ruled against reinstating a Georgia teacher who lost her job after a complaint about photos on her Facebook page was sent to her school. The vacation photos included shots of her drinking at pubs and cafés around Europe.

When should online posts be grounds for dismissal?\*

- 48% When they're work-related and negative
- 37% When associating with you is embarrassing for the company
- 69% When they break a pre-existing company policy
- 16% Never, my online life is my business

**Tweet talk.** Back in April, Glee extra Nicole Crowther was fired for tweeting a rumoured spoiler, prompting show producer Blad Falchuk to tweet: "hope you're qualified to do something besides work in entertainment."

Have you been reprimanded for using a social network at work?

- 1% Yes, big time
- 46% No, it's not an issue where I work
- 8% Somewhat, but nothing harsh
- 45% I don't use social media at work

▶ **@DefiantHeather:** I have multi-screen-itis and have been called on it. I prefer to be judged on production, not perception! #multislacker

28%

Number of respondents who said they had to be "sneaky" when using social media at work.

## Reader tips

We asked: If you must, what are your tips for sneaking onto social media at work?



- ▶ **@ChrisDca:** Certain web browser plug-ins can make it possible to update your Facebook status and tweet from the address bar. Sneaky.
- ▶ **@Brittanymaria:** Check Facebook on your phone when you use the bathroom.
- ▶ **@Gramiq:** take responsibility for running your company's social media accounts. Suddenly you're paid for it!
- ▶ **@tamara1479:** my tip for social media is not to sneak at all. Tell the boss studies show it increases productivity!



\*PANELLISTS COULD CHOOSE MORE THAN ONE ANSWER



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# MJ's doctor found guilty of manslaughter

► 'Michael was looking over us,' sister La Toya says after verdict read

Michael Jackson's doctor was convicted of involuntary manslaughter yesterday in Los Angeles after a trial that painted him as a reckless caregiver who administered a lethal dose of a powerful anesthetic that killed the pop star.

The verdict against Dr. Conrad Murray marked the latest chapter in the lurid spectacle that has surrounded the death of Jackson on June 25, 2009.

Members of the singer's family wept quietly, and his mother, Katherine Jackson, said, "I feel better now."

Murray, 58, sat stone-faced during the verdict and was handcuffed and taken into custody without bail until sentencing on Nov. 29.

Throughout the trial he insisted he administered

## They, the jury

- The jury deliberated for less than nine hours.
- It was unclear whether they determined that Murray administered the fatal dose of the anesthetic propofol in deciding he was responsible for the death of Jackson.
- Prosecutors said Murray violated at least 17 standards of care, a number of which could have resulted in death.

only a small dose of propofol on the day Jackson died. His lawyers blamed Jackson for his own death, saying the singer gave himself the fatal dose while Murray wasn't watching. A prosecution expert said that theory was crazy.



► The crowd erupts outside a Los Angeles courthouse yesterday after Michael Jackson's doctor, Conrad Murray, was convicted of involuntary manslaughter in the death of the pop star.

As the verdict was read, a shriek broke the silence in the packed courtroom, and the crowd erupted out-

side the courthouse. Jubilant fans cheered and held signs that read "guilty" and "killer." Passing motorists

honked their horns.

Deputy District Attorney David Walgren said the sympathies of prosecutors

went out to the Jackson family who have "lost not a pop icon but a son and a father." **THE ASSOCIATED PRESS**

# Homeless veterans in the fight of their lives

As Canadians look forward to Remembrance Day to honour those who fought for their country, a growing army of homeless veterans are trying to get their lives back on track.

Many of them once wore the smart, crisply pressed uniforms of Canada's forces. Now they're struggling with alcoholism or drug addiction. They often lack basic life skills and don't know where to turn for help. And their numbers are expected to grow as

troops return from Afghanistan.

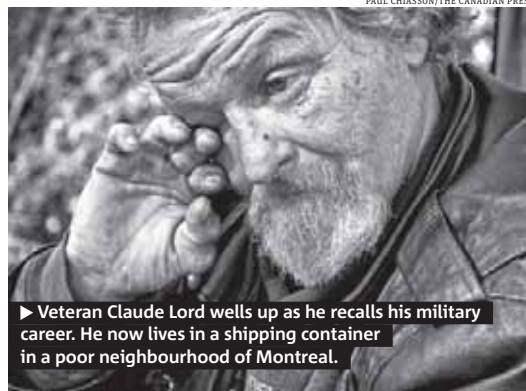
"I think we're hitting the tip of the iceberg," said Dave Gordon of the Royal Canadian Legion's Ontario Command. "There's a need for a national program."

Research shows that a typical homeless veteran in Canada is 55 years old and left the armed forces 27 years ago after six or seven years of service. Most are single or divorced and better educated than other people living on the street.

The drinking often started during the soldiers' tour of duty, says researcher Susan Ray of the University of Western Ontario, who interviewed 54 homeless vets for her study.

But homeless veterans are taking steps to get off the street. Across the country, small organizations of former soldiers are seeking out their homeless peers and matching them with shelter, social services and government programs.

"We call ourselves



► Veteran Claude Lord wells up as he recalls his military career. He now lives in a shipping container in a poor neighbourhood of Montreal.

'ground support,'" said Jim Lowther, founder of the Veterans Emergency Transition Services network in Halifax. "We stick with them until they get back on their feet. It's been really successful."

Ray wants Ottawa to extend transition services for vets into years, instead of the current six months. The services would be aimed at teaching life skills, improving mental health and providing more outreach workers to veterans.

**THE CANADIAN PRESS**



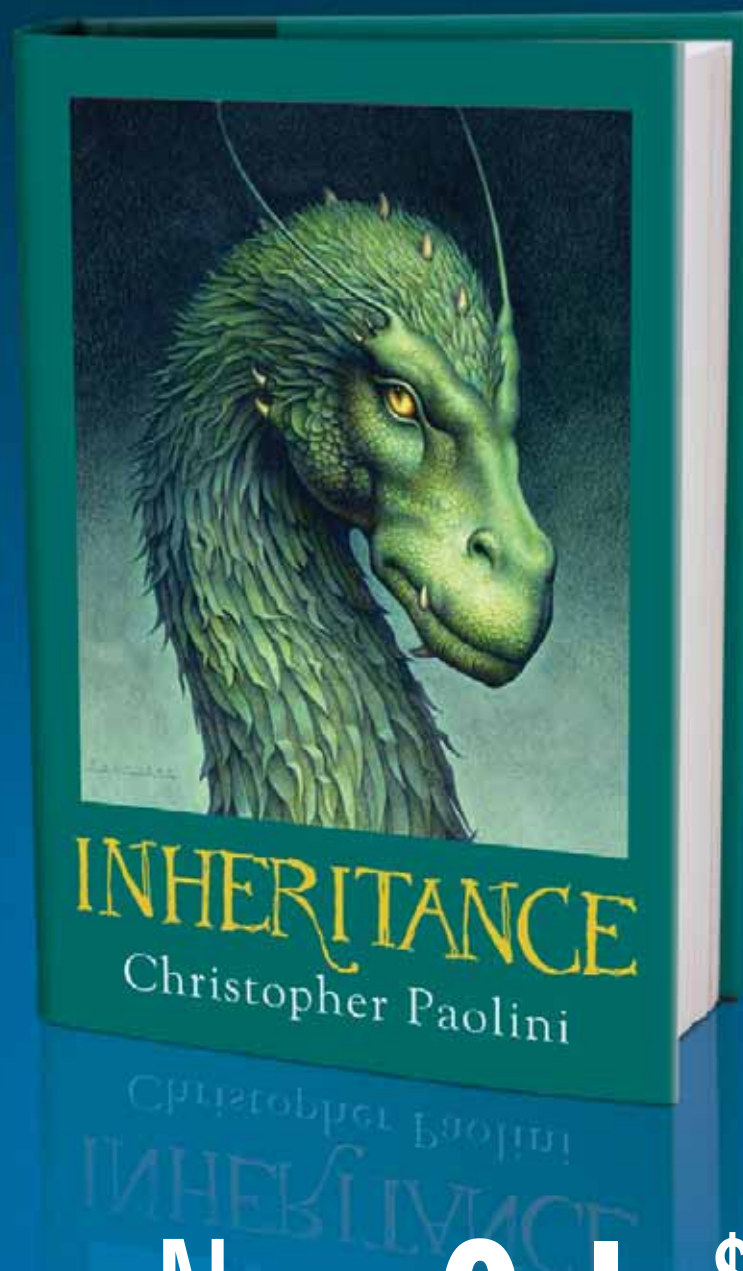
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# Jailed terrorist returns to court

► Carlos the Jackal denied trial preparation: Lawyer

A defiant and smiling Carlos the Jackal, one of the most dreaded terror masterminds of the Cold War, went on trial again yesterday — this time over four deadly attacks in France nearly three decades ago.

The 62-year-old Venezuelan, whose real name is Ilich Ramirez Sanchez,

went before a special Paris court on terrorism-linked charges. He is already serving a life sentence handed down for a triple murder in 1975.

Ramirez, who sowed fear across Western European and Middle Eastern capitals during the Cold War, is charged with insti-

gating four attacks in 1982 and 1983 that killed 11 people and injured more than 140 others in France.

He has denied any role in the attacks. If convicted, Ramirez could face a second life sentence — the top penalty in France, which does not have the death penalty. **THE ASSOCIATED PRESS**

River. Ride



## Thai floods surround rail system

Advancing pools of filthy water threatened the subway system in Thailand's capital yesterday and surrounded the emergency headquarters set up to try and deal with the flooding.

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Kingsway Mall -kiosk  
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Take. Off



► In this Sept. 27 file photo, the first Boeing Co. 787 plane delivered to a commercial customer takes off for Japan, in Everett, Wash. The plane will be operated by Japan's All Nippon Airways.

TED S. WARREN/THE ASSOCIATED PRESS FILE

## Boeing lands with a glitch

Boeing's new 787 plane, which just started carrying paying passengers, ran into its first technical glitch when the landing gear failed to deploy on Sunday. The pilots used "an alternate procedure that worked," according to a Boeing. The plane landed safely with no reported injuries.

## Arbitration a blow for airline union

► More than 65 per cent rejected the deal but only 73 per cent voted

The union representing Air Canada's flight attendants slammed an arbitrator's decision yesterday that imposes a tentative agreement negotiated by its leadership

but rejected by employees last month.

Canada Industrial Relations Board arbitrator and chairwoman Elizabeth MacPherson endorsed Air Canada's position that the provisions be imposed without alteration. The deal expires March 31, 2015.

CUPE national president Paul Moist suggested that the government's constant interference in collective bargaining tipped the scales in favour of the company.

However MacPherson noted the union won improvements in the agreement, unanimously recommended by its bargaining committee.

Air Canada said it was pleased with the decision to implement terms of the deal reached in September.

MacPherson said her decision resembled what would have been achieved had the case not been referred to an arbitrator and instead had run its course through collective bargaining — including the right to a strike or lockout. A strike was averted when federal Labour Minister Lisa Raitt referred the dispute to the quasi-judicial board.

THE CANADIAN PRESS

### Market moment

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## Dollar



+ 0.39¢  
(98.75¢ US)

## Oil



+ \$1.26 US  
(\$95.52 US)

## Natural gas

\$3.69¢ US  
(- 8.7¢)

## Gold

\$1,791.10 US  
(+ \$35.00)

## No pics for U.S. cig packs

A judge yesterday blocked a U.S. government requirement that would have begun forcing tobacco companies next year to put graphic images including dead and diseased smokers on their cigarette packages.

U.S. District Judge Richard Leon ruled that it is likely the cigarette makers will succeed in a lawsuit to block the requirement.

He stopped the requirement until the lawsuit is resolved, which could take years. Images included a man exhaling cigarette smoke through a tracheotomy hole and a plume of cigarette smoke enveloping an infant receiving a mother's kiss. **THE ASSOCIATED PRESS**

**9** A U.S. judge said nine graphic, FDA-approved images for cigarette packages go beyond conveying facts and health risks.

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## Europe wary as Greece works to divide power

Rival Greek political parties tried yesterday to hammer out a historic power-sharing deal to secure a \$179-billion US rescue package, but markets remained wary and European leaders kept up pressure by holding back a vital bailout loan.

Socialist Prime Minister George Papandreou and conservative leader Antonis Samaras held fresh negotia-

tions, hours after reaching the landmark agreement to form a coalition for the next 15 weeks. The new administration's main job will be passing the new bailout package — agreed to by international creditors on Oct. 27 — before holding early elections. Papandreou, who is expected to resign, also spoke with EU leaders and German Chan-

cellor Angela Merkel. But as of last night, no deal had been announced

and it wasn't clear if talks with top Greek officials were still under way.

Frustrated with Greece's



► Papandreou

political disagreements, the country's creditors have frozen the next critical \$11-billion loan installment until Greece formally approves the new debt deal.

Greece has survived on a \$150-billion rescue-loan program since May 2010. A second package would see private bondholders cancel 50 per cent of their Greek debt. **THE ASSOCIATED PRESS**

## Automakers plea for tax reform

With millions of petition signatures, major Japanese automakers demanded yesterday the end of what they called exorbitant taxes on cars that threaten to hollow out manufacturing and wipe out jobs.

The plea from the heads of Toyota Motor Corp., Nissan Motor Co., Honda Motor Co., auto unions and dealers underlines the industry's crisis from the March tsunami disaster, the surging yen and stagnant sales.

THE ASSOCIATED PRESS



# MAKING THE MOST OF HIS MOUSTACHE

## SHE SAYS ...

JESSICA NAPIER  
METRO



Remember when November was just that boring month sandwiched between pumpkin-spice-latte season and the holidays? With no long-weekends in the mix, the 30 unspecial days following Halloween would just drag by without any consequence.

Now, this once-dreary month has been taken over by an army of moustached do-gooders. November has been rebranded as Movember — or, as I like to call it, Ironic Facial Hair Appreciation Month.

While fundraising efforts to battle prostate cancer are commendable, fellas with newly acquired 'staches need to realize that these charitable whiskers can be a little uncomfortable for your partner.

**“Worst-case scenario, you might even find some stray pieces of food in that soup strainer. Just take a deep breath and remember all the times he called you sexy despite your unruly leg hair.”**

If you find yourself getting close to a Mo Bro during this hair-raising month, here are a few things to keep in mind.

In the early stages of moustache growth, your man will probably be working with some pretty weak pre-pubescent hairs. Depending on his growing capabilities, this unsightly stubble may stick around for the entire month. Try to look past the tragic teen 'stache and remember the noble cause behind his creepiness. Is wispy upper-lip hair a turn on? Absolutely not. But there's something pretty sexy about a man who's willing to donate his face to a worthy cause.

If you're used to being with a clean-shaven guy, it's going to take a while to get on board with kissing a moustachioed man. It'll feel a bit like making out with a broom at first. Worst-case scenario, you might even find some stray pieces of food in that soup strainer. Just take a deep breath and remember all the times he called you sexy despite your unruly leg hair.

Depending on his level of creativity, your man may decide to groom his altruistic facial hair into a themed mo. Popular styles include the Captain Hook, the pencil, the horseshoe, the Charlie Chaplin, the toothbrush and, of course, the always creepy handlebar. Some thematic moustaches will make you laugh, but most will make you cringe with horror. Resist the urge to look away. Instead, be supportive and walk proudly down the street with your Hulk Hogan look-alike.

Once his 'stache is fully formed, your man is going to be deluded into thinking that he is the new Magnum P.I. In reality, he'll probably look more like a C-list porn star. To be fair, there are very few men who can pull off a mustache. If you think he might start considering a year-round moustache, quickly insist that Tom Selleck's ladies'-man status is most definitely the exception, not the rule.

Read more of Jessica Napier's columns at [metronews.ca/shesays](http://metronews.ca/shesays)



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Would you ever consider laser surgery to change your eye colour?

MAYBE, IF IT WAS  
DEEMED SAFE

10%

70%

NO, MY  
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BEAUTIFUL  
AS IS

YES, I WANT TO  
HAVE/CHANGE MY  
BABY BLUES

20%

## Worth Mentioning

It turns out that catching cancer early is not always as important as has been thought.

Some tumours are too slow-growing to ever threaten your life. Some are so aggressive that finding them early does not make much difference. And today's treatments are much better for those somewhere in the middle.

Those complexities are changing the longtime mantra that cancer screening will save your life. In reality, it depends on the type of cancer, the test and who gets checked when.

“We can find cancer early. We can reduce the burden of the disease. But along the way, we're learning our tests are not as perfect as we'd like,” says the American Cancer Society's Dr. Len Lichtenfeld. “We're learning that we're now finding cancer that would in fact never cause harm.”

Now cancer specialists are struggling to find a new balance: To quit over-promising the power of early detection and to help people understand the tests themselves have risks — while not scaring away those in need of scanning.

THE ASSOCIATED PRESS



## photo of the day



► This photo titled Monster City was submitted to the Alienation category by Carlos Silva from Portugal.

Metro invites its readers to join the Metro Global Photo Challenge — running in 100 cities on four continents — to win fantastic prizes and worldwide recognition. Enter your digital photos at [metrophotochallenge.com](http://metrophotochallenge.com). The contest runs until Nov. 22. As well as a chance to win a trip to any city Metro publishes, one submission will also be featured here daily.

## WEIRD NEWS

### Doing a good deed saves one man's life

A Canadian man who helped another motorist change a tire in western Wisconsin had his good deed repaid when that motorist saved his life just minutes later.

Victor Giesbrecht, of Winnipeg, was driving near Menomonie on Saturday evening when he stopped to assist with a tire change. The Wisconsin State Patrol says the 61-year-old then drove away and

suffered a heart attack a few kilometres later.

Giesbrecht's wife stopped the pickup truck and waved her arms, and the motorist whom they had helped just a moment earlier stopped and performed cardiopulmonary resuscitation.

Patrol Sgt. Michael Newton told the Star Tribune that if Giesbrecht hadn't helped with the tire, his rescuer may have remained stranded too far away to help.

“If he had been a few more miles down the road ... it could have been a different outcome,” Newton said. “It's an interesting turn of fate.”

Giesbrecht was hospitalized in serious condition yesterday.

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# 2

## scene

### Scene in brief



Oscar-winning filmmaker Paul Haggis is joining the Canadian Film Centre to help up-and-coming moviemakers. The CFC announced yesterday that Haggis will serve as chair of the centre's film programs.

THE CANADIAN PRESS



Gaga dress and prop gun and Mick Jagger costume among U.S. rock auction items

# Chef cooks local, abroad

- ▶ Canada's Massimo Capra jets around the world in a new series called *Gourmet Escapes*
- ▶ Master chef spreads the word about eating natural, local and seasonal products

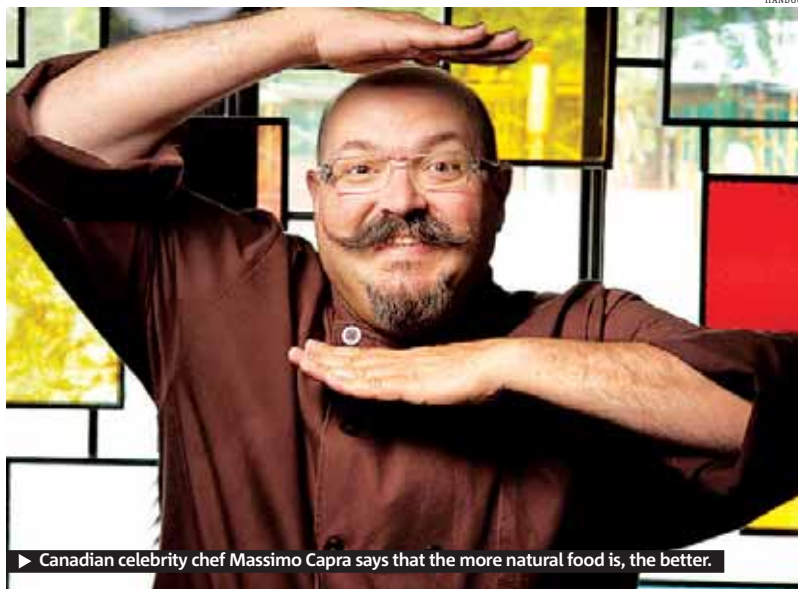
Canadian celebrity chef Massimo Capra cooks local from afar in his new series *Gourmet Escapes*.

Flying to locations including Holland, Iceland and Switzerland, the mustachioed, jovial Italian native gets his hands dirty as he meets with farmers and chefs to highlight how various cultures benefit from eating natural, local and seasonal products. He also makes mouth-watering meals out of area offerings (golden beet risotto, anyone?).

In the first episode, which debuted Nov. 2 on Travel+Escape, the Toronto-based Capra visits Northern Ireland, donning a beekeeping suit to extract honey from hives and stopping by a farm where free-range pigs are raised.

In Wednesday's installment, he goes to Lunenburg, N.S., where he and a local chef go on a fishing expedition that yields mussels, lobster, scallops and a whopping 150-pound halibut.

"The more natural the better it is, and the old-fashioned ... ways are always the best," Capra said in a recent phone interview.



▶ Canadian celebrity chef Massimo Capra says that the more natural food is, the better.

"That's exactly what I've always been about and that's why my food isn't complicated. I call it 'rustic elegance.'

"I want (clients) to taste the thing that they order. I don't want them to have this weird experience where peas are not real peas but they're actually, I don't know, pureed dust with powder on top and mixed with some chemical

that turns them into little spheres that look like peas, taste like peas but are not peas at all."

Capra's culinary chops and amiable nature have made him a beloved TV personality. He has a regular spot on Citytv's daytime talk show *Cityline* and was on the Food Network series *Restaurant Makeover*.

He also has two restaur-

rants in Toronto — *Mistura* and *Sopra* — and is a national column writer and author of two cookbooks.

Capra fell in love with cooking as a child helping out in his mother's kitchen in Cremona, Italy, where he plans to travel later this month to tape an episode for *Gourmet Escapes*.

He grew up on a farm there until age 14, eating

only what was grown or raised by his family, and never wasting leftovers.

"Every Saturday my mother would go into the chicken coop and pick a victim and pet the chicken a little bit and yank the neck and that's it, you know what I mean? And it's done," said Capra.

"You cook it and you eat it and on Sunday, you have a beautiful meal and then you eat the leftovers for the next three days. And amongst that you try to eat as much vegetables and grains as possible.

"So it wasn't meat every single day or twice or three times a day. It wasn't bacon in the morning, burger at lunch and steak at dinner. It was never like that."

Capra has maintained that sensibility throughout his culinary career, cooking with local, in-season ingredients wherever possible.

"Can you get any better nutrients than local and in-season? I don't think that you can," he said.

"If you train yourself to eat local and in-season, it's the best thing you can do for yourself and for your own environment."

THE CANADIAN PRESS

# Lavigne, Jenner attacked in L.A.

- ▶ Couple tweeted they were bloodied and bruised after altercation

Avril Lavigne and her boyfriend Brody Jenner have tweeted about being attacked and bloodied in Los Angeles.

In a tweet sent out on Sunday evening, Canadian pop-rockstar Lavigne wrote that she "got attacked by five people last night out of nowhere."

She tweeted that she had a black eye, bloody nose, had hair ripped out, and was left scratched, bruised and cut.

Lavigne added that she doesn't believe in fighting and that it's "not OK to be abusive to others."

"Violence is never

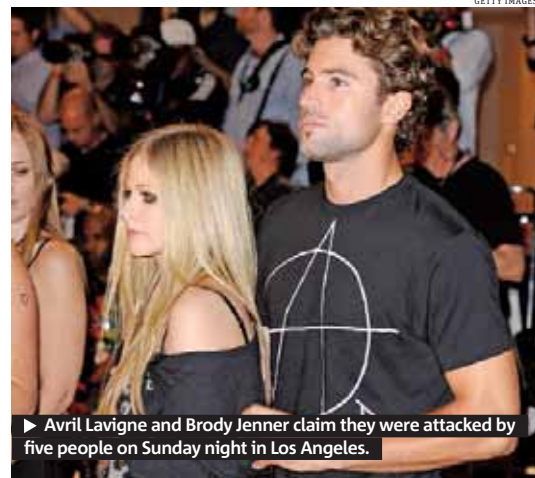
the answer."

Jenner — who has appeared on shows such as *The Princes of Malibu* and *Bromance* — had tweeted earlier that he was out with Lavigne and "having the best night with the love of my life ... so happy right now!!"

He later tweeted: "Interesting Saturday night.... Just got (out) of the hospital with a new scar on my face."

A spokesman for Lavigne's record label would not provide any further details on the incident.

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▶ Avril Lavigne and Brody Jenner claim they were attacked by five people on Sunday night in Los Angeles.



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## DVD Releases

Buy it  | Rent it  | Borrow it  | Yawn  | Don't bother 

### Cave of Forgotten Dreams

**Genre:** Documentary  
**Director:** Werner Herzog  
**Stars:** Werner Herzog, Dominique Baffier, Jean Clottes

**👍👍👍**  
In *Cave of Forgotten Dreams*, filmmaker Werner Herzog is moved almost to poetry as he contemplates drawings made 32,000 years ago in the Chauvet Cave in southern France. The acclaimed documentarian extols the 1994 finding of the cave drawings as “one of the greatest discoveries in the history of human culture.”

A rockslide in the Ardèche River valley some 25,000 years ago sealed the cave, leaving a natural time capsule that, when finally opened, yielded a cache of charcoal drawings that seemed to have been sketched mere days before.

These ancient artists sketched images of the horses, bears, bison, lions and rhinos that used to



roam France.

“Do they dream?” the awed Herzog asks via voiceover of his Paleolithic subjects. “Do they cry at night? What are their hopes?”

Entry to the cave is strictly limited, but Herzog’s renown was sufficient to persuade France’s Ministry of Culture to allow him unique access.

The team members make excellent use of

their privileged entry. The overall effect, aided by Ernst Reijseger’s score of rising choral harmonies and lush strings, is one of rapture and magic that will leave the viewer dreaming.

Extras include a Q&A with Herzog.

● **PETER HOWELL**

### Page Eight

**Genre:** Mystery  
**Director:** David Hare



**Stars:** Bill Nighy, Rachel Weisz, Tom Hughes  
**👍👍**

*Page Eight* is an absorbing British thriller, exploring timely and believable themes that aren’t the preserve of most such movies — which may explain why it’s going straight to DVD following its TIFF gala debut in September.

Written and directed by David Hare, the pen behind *The Hours* and *The*

Reader, it stars the inimitable Bill Nighy as veteran spy Johnny Worricker, who works for Britain’s security service, MI5. Johnny’s best friend, Benedict Baron (Michael Gambon), also his boss, is head of MI5’s intelligence analysis division, the keeper of explosive secrets.

One such intrigue concerns a mysterious file containing information about U.K. involvement in

torture prisons, which the government officially disavows all knowledge of. The file is so inflammatory that it threatens the very existence of the MI5, not to mention the job of the Prime Minister (Ralph Fiennes).

Meanwhile, Johnny has a seemingly chance encounter with his striking neighbour, Nancy Pierpan (Rachel Weisz), who is obsessed with finding out what happened to her brother, who, we are told, was killed by Israeli forces in the Occupied Territories.

Truth is the first casualty of *Page Eight*’s tangled webs; Worricker’s career (or worse) could be next.

Rounding out the sterling cast of characters are Judy Davis as Johnny’s aggressive, scheming MI5 colleague, and Felicity Jones as his daughter, Julianne.

Extras include cast and crew interviews.

● **PETER HOWELL**

# MIXED UP IMMORTALS

## Anagram

*IMMORTALS* is coming November 11, featuring lots of Greek gods, heroes and villains. Following is a list of the cast members, with the parts they play. There’s a catch, though, as we’ve **SCRAMBLED** the letters that give their roles. It’s up to you to unscramble them to spell the names of the 12 *IMMORTALS* characters. We’ve given you the first one to get you started... **Luke Evans is SUEZ or ZEUS**

• **Henry Cavill is SEE THUS**

or

• **Freida Pinto is HARD APE**

or

• **Kellan Lutz is POISONED**

or

• **Mickey Rourke is PHONY IRE**

or

• **Isabel Lucas is AT A HEN**

or

• **Joseph Morgan is SLY ANDRE**

or

• **Stephen Dorff is VS ASTRO**

or

• **Robert Maillet is MAIN TOUR**

or

• **Steve Byers is LEACHERS**

or

• **Corey Sevier is LA LOOP**

or

• **Stephen McHattie is SNARES CAD**

or

Solutions: (left – right) THESEUS, PHAEDRA, POSIDON, HYPERION, ATHENA, LYSANDER, STAVROS, MINOTAUR, HERACLES, APOLLO and CASSANDER

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# Raising Hope springs eternal

► Carpe Diem mindset of show's crew responsible for increasingly wild narrative ► Character back stories explored



**PAT HEALY**

SCENE@METRONEWS.CA  
METRO WORLD NEWS IN BOSTON

The writers of *Raising Hope* come up with such reckless back stories (mild mannered main character Jimmy Chance's angry goth phase, his father's decision to fake a kidnapping to go live in a Winnebago with a stranger, etc.) it almost seems as though they are constantly thinking the show is about to be canceled.

But creator and executive producer Greg Garcia says the moment that they found out they were renewed for a second season was actually when they started taking these wild liberties.

"If anything," says Garcia, "it was more like, 'Hey,



HANDOUT

► Raising Hope stars Lucas Neff as a single parent to an infant after the mother he had a one-night stand with ends up on death row.

we're green lit for a second season. Let's do something and get crazy with this!"

It's not like the show began with the most regular premise — Jimmy, a 23-year-old grocery store employee has a one-night

stand with a serial killer, gets her pregnant, and has to raise their daughter after she is executed.

Meanwhile, Jimmy still lives at home with his senile great grandmother and his parents, who are

only about 15 years older than he is. But Garcia and company took it a few steps further.

"I think just toward the end of the season, we — the writers and I — sat down and thought about

## Coming up...

Next week's episode follows along with the show's newfound tradition of unexpected guest stars adding to the back story.

► As the Chance family gets a last-minute visit from Jimmy's wealthy paternal grandparents, played by none other than *The Six Million Dollar Man* and *Mrs. Partridge*, Lee Majors and Shirley Jones, respectively.

what would be a good season ender," he says, "and then we came up with all those people's back story and stuff. It was just fun and we knew what we had

done during the year, so we knew what we kind of had to stick true to as far as the reality of things."

This season has seen similar bold back story choices. In the premiere, Jimmy learns from an old home video that he was a child prodigy.

As he tries to reclaim his talent, he can't match the younger version of himself, played hilariously by YouTube prodigy Greyson Chance, who not only had the same last name as the characters, but who also looks a lot like Lucas Neff, who plays Jimmy.

"His YouTube videos blew my mind along with all of the other teen girls out there," says Neff.

*Raising Hope* airs Tuesday nights on Citytv.

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# Solo, with a vision

## ► Patrick Stump goes for R&B sound during Fall Out Boy hiatus

Patrick Stump is still having a hard time getting people to understand what he's trying to accomplish with his solo effort, *Soul Punk*.

Though the album is upbeat and dance-filled — miles away from the emo-rock music he made with Fall Out Boy — he says he wasn't trying to jump on the club-centric groove that pop music is focused on these days.

Instead, he sees his first full solo effort as an R&B record in the vein of Prince or Michael Jackson, his childhood inspirations.

"If it sounds like modern dance music, I think it's by coincidence," said Stump late last month.

The frontman for Fall Out Boy says some people couldn't comprehend his artistic vision; that's one reason why there are no collaborators on the record (though Lupe Fiasco is on the remix for *This City*).

"(It's) an ongoing thing," said Stump, who is on a nationwide tour.

"A lot of people still ask me to play Fall Out Boy at

these shows, and I'm like, 'But the rest of the music is so different, I don't know (if) that would fit in.' And then I also think it

would be really disrespectful to the band to go out and play their songs without them."

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2

Fall Out Boy — which also includes Pete Wentz, Joe Trohman and Andy Hurley — has been on hiatus for two years. Stump insists the platinum-selling band hasn't broken up, but adds: "I'm not sure everyone is into it right now. I'm in, but I haven't heard from anybody."



► Patrick Stump

## Ebert says show will be over if he can't find financial backers

Famed film critic Roger Ebert is telling his readers that he may have to cancel his television show *Ebert Presents: At the Movies* unless someone steps up and helps him and his wife pay for it.

The Pulitzer Prize-winning film critic wrote on his blog Sunday night that after an initial contribution of \$25,000 from Kanbar Charitable Trust, he

and Chaz Ebert have been paying virtually all the bills for the show, which began airing on public television in January.

Ebert said he has been pleased with the program, which is hosted by Associated Press movie reviewer Christy Lemire and Mubi.com film critic Ignaty Vishnevetsky.

But after months of paying for everything from

screen tests to interns to lunch on taping days, "We can't afford to support the show any longer," wrote Ebert, who can no longer speak after cancer surgery. "That's what it comes down to."

Ebert wrote that he had hoped foundations and others would step forward to underwrite the show, but that nobody has.

And now, he wrote,

American Public Television is asking him whether the show will be back next season, and he has to have an answer by the end of this month.

He wrote that Chaz Ebert, the executive producer, will continue to seek funding for the show.

"Unless we find underwriting, I'm afraid our answer will have to be 'no,'" he wrote.

Lou Ferrara, the AP managing editor who oversees entertainment coverage, said Lemire has reviewed movies for the AP throughout her tenure with the Ebert show.

"Even if the show ends, Christy will continue providing film reviews and other movie coverage for The Associated Press," Ferrara said.

THE ASSOCIATED PRESS



► Roger Ebert

# Is there a bun in the royal oven?

ALL PHOTOS GETTY IMAGES



► Kate Middleton has been called out for playing with her hair too much. But now it seems all eyes are on her stomach.

## ► Duchess of Cambridge can't seem to keep her hands off her belly

It seems Kate Middleton can't make a move without sparking pregnancy rumours.

First, while visiting a UNICEF facility in Copenhagen, the Duchess of Cambridge declined to eat peanut paste, a food expectant mothers are usually advised to avoid.

And then her body language later in the visit only prompted further speculation.

"It was very odd," a source tells the Daily Mail.

"Kate would not stop

**"It was very odd. Kate would not stop touching her tummy — it was very noticeable."**

### SOURCE

touching her tummy — it was very noticeable. She continually patted it and held her hands against it.

She must have been doing it without realizing, and at one point she had both her hands cradling her stomach."

● METRO

## BIEBS TO TAKE PATERNITY TEST

ALL PHOTOS GETTY IMAGES

### THE WORD

DOROTHY ROBINSON

SCENE@METRONEWS.CA



Justin Bieber is putting the kibosh on Mariah Yeater's paternity suit

filed in San Diego Superior Court last week. A source confirmed to Access Hollywood that Bieber is going to take a DNA test when he returns from Europe, where he is attending the MTV Europe Music Awards with girlfriend Selena Gomez.

Yeater claims she became pregnant after an encounter in a bathroom with Bieber after a concert last year. The star "went from cute and gushy to just ... more aggressive," says Yeater in an exclusive interview with The Insider about their alleged 30 seconds of unprotected sex, which



claims resulted in the birth of her son.

Bieber has denied the claims, telling the Today show recently that he's "never met the woman."

He's not stopping at proving his innocence, either: Once the test comes back vindicating the Canadian pop star, his team plans to hit Yeater with a hefty lawsuit "to show there are consequences when somebody trumps up phony, hurtful allegations against a celebrity," a source says.

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### Celebrity tweets



@Oprah everyone is trying to think outside the box & they just end up thinking of new boxes. lets stay inside & change the box into a circle



@JennyMcCarthy New contest. Who wants to win the prize of coming over and doing my laundry today? Whoop whoop!

@MissKellyO



Long story short I cracked my head open then kept passing out I have the all clear my mum came 2 get me 4 full story watch the talk tomorrow

@JimCarrey



There's a time for every purpose under heaven. A time to laugh a time to cry a time to stop shaving and eat potato chips.

## Maybe Aniston played a ton of Monopoly as a kid?

Jennifer Aniston has found yet another place to call home in New York after

buying a \$9 million apartment in Gramercy Park, according to the Hollywood Reporter.

The three-bedroom, 2,873-square-foot space has a master bedroom overlooking the park and includes amenities like housekeeping, room service and butler service as well as membership to the nearby David Barton Gym. This is the third multimillion dollar New York property Aniston has snapped up this year. ● METRO

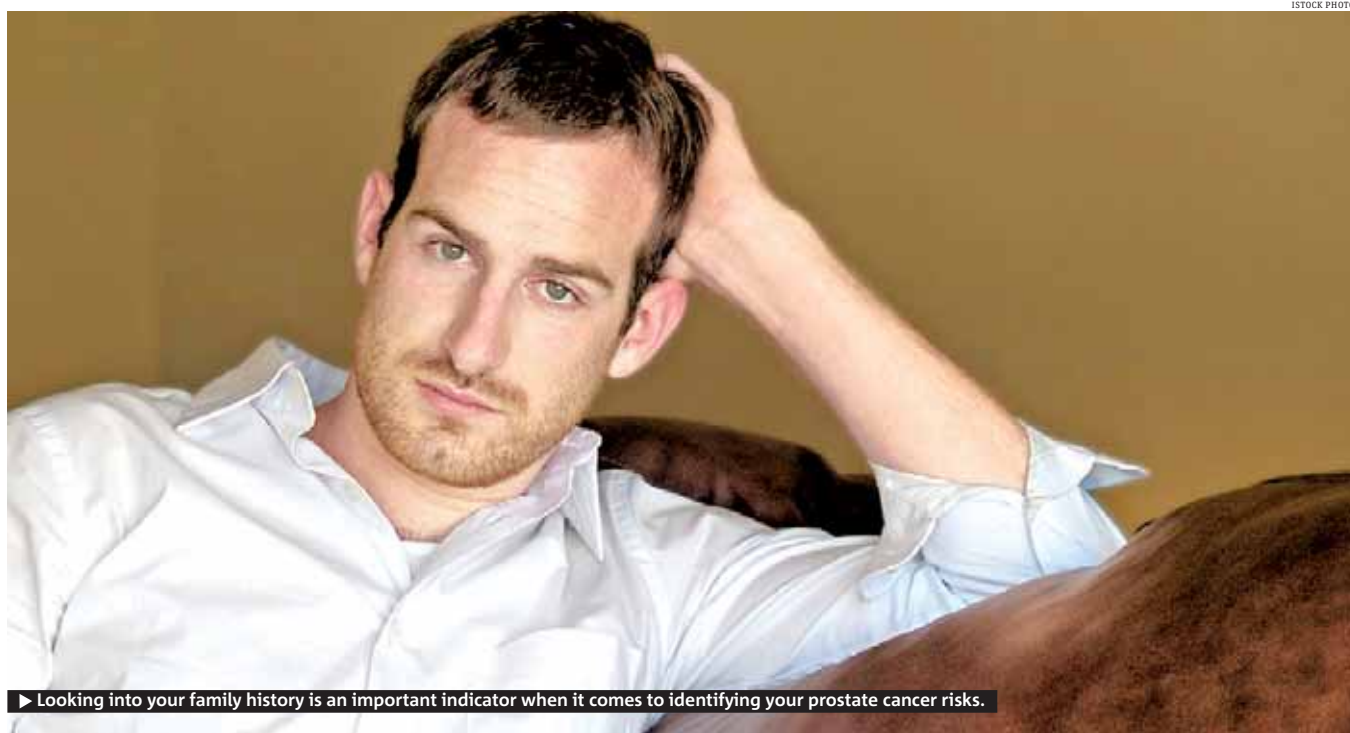
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► Looking into your family history is an important indicator when it comes to identifying your prostate cancer risks.

# The Mo(re) you know the better

► If you see lots of hairy men around the city this month, don't be alarmed ► They're sprouting moustaches to raise awareness and funds for research into prostate cancer ► "Mo Bros" are on a mission to educate



PAULINE ANDERSON  
LIFE@METRONEWS.CA

The statistics are disturbing. According to one survey, fewer than half of Canadian men see their doctor on a regular basis. The study also found that almost one in four men haven't had a medical check up in at least five years. All indications are that men wait until their

symptoms are severe before seeking medical attention.

Whereas women are "conditioned" from an early age to see their doctor for an annual PAP test, which gives them an opportunity to review their overall health, guys just don't develop this habit, says Dr. Jonathan Kerr, a family doctor in Belleville, Ont.

"Young healthy guys be-

tween the ages of 15 and 35 years typically don't see the doctor, which breeds unfamiliarity and even discomfort at the idea of seeing a doctor," says Kerr. He adds that young men often don't see a doctor until they're "sick or have broken something."

It could be that men are averse to feeling vulnerable, or to putting themselves in someone else's care, says Dr. Mel Borins, a

Toronto family physician. However, Borins thinks that men's brains are also actually "hard wired" to protect their children and spouse rather than themselves.

Finding the time to see the doctor is another barrier for busy men. But an annual physical exam takes only about 20 minutes, and is an important time to review a man's health history.

## November

To get involved, register at [movember.com](http://movember.com).

► Research Funds raised this month go to research into prostate cancer and to services for men living with this disease and their families, says Rebecca von Goetz, executive vice-president of Prostate Cancer Canada. Her organization is also launching a 1-800 number to offer tools to these men, including information on where to find a support group in their area.

## \$22M

Starting in Australia, the Movember movement is celebrating its fifth year in Canada.

Last year, almost 119,000 Canadian "Mo Bros" and their supporters raised more than \$22 million.

## Prostate cancer



Prostate cancer is the most common type of cancer among Canadian men (after non-melanoma skin cancer). In 2011, an estimated 25,500 Canadian men will be diagnosed with prostate cancer, and 4,100 will die of the disease. One in seven men will develop prostate cancer during his lifetime (the risk is highest after age 60) and one in 28 will die of it. Over 90 per cent of prostate cancers are curable if detected and treated early. The five-year survival rate is 96 per cent.

► PAULINE ANDERSON



Mustaches aren't just for hipsters.

## Be sure, be safe, get tested regularly

All men should get a baseline PSA test every five years starting at age 40, and an annual PSA test along with a digital rectal exam (DRE) beginning at age 50, according to Rebecca von Goetz, executive vice-president of Prostate

Cancer Canada.

The tests should begin earlier if there's a family history of prostate cancer (a father, brother or son was diagnosed) or if the man is of African or Caribbean descent, she says.

If cancer cells are confirmed, the next step is to talk to your doctor about whether to get treated or to take a watchful waiting approach, which involves careful monitoring and treating symptoms when they occur.

"It's very much a collaborative discussion between doctors and patients on how they should manage it if there is some indication that there is a prostate cancer," says van Goetz.

PAULINE ANDERSON  
FOR METRO CANADA



Nearly half of students in Grades 7-12 targeted by sexual harassment: U.S. study

# Got stash? Get it just right

► Whether you're getting in the spirit of Movember, sporting an early playoff beard or looking for a natural face warmer to help get you through the winter, we've got the roadmap to five styles any grown-up guy can pull off



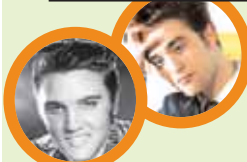
## Sideburns

**What the look says:** If you're still taking style cues from Union Army General Ambrose Burnside who originated the style with his giant fluffy pork chops then you may be too re-enactment retro. But coifed bacon strips or thinner burns add a slimming dimension to your face.

**Upkeep:** You can use your razor to make sure your burns don't extend beyond your desired borders or your barber can take care of them if you get frequent cuts.

**Celebrity Follicles:** Elvis Presley, Robert Pattison.

**ROBERT PATTISON**



**ELVIS PRESLEY**



## Full beard

**What the look says:** You are a rugged individualist, proud of your carefully cultivated yet uncompromising masculinity. Either that, or you've decided to cut back on your grooming budget.

**Upkeep:** Periodic trimming here and there to help define its shape, your neckline, and prevent your growth from reaching ZZ Top level proportions.

**Celebrity Follicles:** Conan O'Brien, Joaquin Phoenix.

**CONAN O'BRIEN**



**JOAQUIN PHOENIX**



## Goatee

**What the look says:** Whether you're talking a tuft of jaw-line tracing chin grizzle or merely a soul patch beneath your bottom lip, the image is decidedly hipster.

**Upkeep:** The Paris Hilton of facial hair styles, goatees requires frequent preening sessions to maintain so that they don't get too scraggly unless a devilishly long thicket is what you're going for.

**Celebrity Follicles:** Colin Farrell, Leonardo DiCaprio.

**COLIN FARRELL**



**LEONARDO DICAPRIO**



## Shadow

**What the look says:** You ooze pheromones. The perfectly cropped thin blanket of stubble is a siren call that awakens the libidos in scores of women.

**Upkeep:** Pulling off a dark silhouette takes practice, but once you figure out how quickly your facial hair grows, you can perfect the timing between shaves to achieve the happy medium between the sloppy, can't-find-my-razor look and the cool, happy-hour vibe.

**Celebrity Follicles:** Jon Hamm, Michael Bublé.

**JON HAMM**



**MICHAEL BUBLÉ**



## Moustache

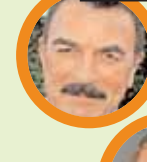
**What the look says:** You're a straight talking, wood whittling steak eater with a firm handshake that gives it 100 per cent because 110 per cent is impossible and only idiots recommend that.

**Upkeep:** Invest in a sharp needle nose shaped pair of scissors and a moustache comb to keep your mouth sweater tamed and crumb free.

**Celebrity Follicles:** Tom Selleck, James Franco.

● MIKE DOJC

**TOM SELLECK**



**JAMES FRANCO**

## Remember to 'shave' face

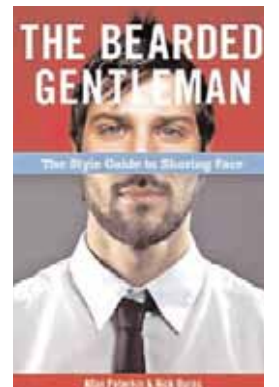
Just as vertically striped clothing can have a flattering svelte effect, so can facial hairstyles. With some guidance from Dr. Allan Peterkin, co-author of *The Bearded Gentleman: The Style Guide to Shaving Face*, here are some pointers on achieving face/whisker harmony.

**Double Chin:** A squared-off goatee with shorter whiskers on the cheeks and longer ones on the chin will add balance. Sideburns and stubble can complement a fuller face.

**Egghead:** Punch up your cheeks with some bushy beard cover to round them out and add width.

**Square jaw:** You hit the genetic lottery. Just about any hirsute whim will look great.

**Bald:** Jason Statham's look with finely kempt stubble is a good one. ● MIKE DOJC



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TUESDAY, NOVEMBER 8, 2011

## WE ALL NEED HELP SOMETIMES

### CHARLES THE BUTLER



ASKCHARLES  
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METRONEWS.CA

FOR MORE, VISIT  
CHARLES  
MACPHERSON.COM

Last week I had an experience that I absolutely want to share with all of you.

I was scheduled to deliver an important speech to the executives of several very prominent hotels here in Shanghai. As I arrived at the hotel I struggled to get out of the very small taxi. In my struggles, all of a sudden I heard (much to my horror) a huge rip. Yes, my pant crotch, from front to back, was wide open and everyone outside of the car was exposed to my Calvin Klein's.

A true wardrobe malfunction was in full swing. So what to do? I did not have enough time to go back to my hotel to change and I could not stay like this to deliver my speech. So, stuck in the back of the taxi feeling very embarrassed and awkward, I asked my



host, Ms. Catherine, who had just experienced this display, if she had someone at the hotel who could sew my pants in an emergency.

And this is the part that's so fabulous. Ms. Catherine, a senior hotel vice president who was meeting me, calmly said, "Oh Mr. MacPherson don't worry, this is not the first time this has ever happened. Please follow me to a private area and we will call the seamstress right away."

And then while walking together she graciously said without missing a step, "While we wait for the seamstress can I order a coffee or tea for you?"

You can all imagine how embarrassed I was. But Ms. Catherine, with good etiquette skills, made me feel

very comfortable in such an awkward situation.

I was so lucky to have Ms. Catherine there. She put me at ease, didn't draw any unnecessary attention to me and we all got through it painlessly. But dear readers, I'm no fool. I'm sure when Ms. Catherine went home and repeated this story to her family at the dinner table they all roared with laughter — and that's OK because at the moment, the most important moment in time, Ms. Catherine made me feel calm and comfortable and for that I am eternally grateful, so thank you!

**HAVE A QUESTION? EMAIL CHARLES AT ASKCHARLESTHEBUTLER@METRONEWS.CA.**

## GETTING BACK IN THE GAME

Dear sisters, Do you have any advice on meeting new people? I'm a Chinese-born Canadian, living in Vancouver, and recently got out of a relationship several months ago. I just turned 26, and most of my friends' are already dating or married. I met my last girlfriend at a party through mutual friends.

I'm ready to get back to finding someone special in my life. I've tried a couple speed-dating venues in Vancouver, however I noticed the demographics for the events attract a slightly older crowd. Other than joining a sports club, such as my dodgeball team, I'm somewhat at a loss on where to go to put myself out there. To complicate things a bit, I work in law enforcement, which affects my schedule. This caused some friction in my previous relationship, but there were more serious factors that led to the break up. Love life under arrest

### TWO SISTERS



ANDREA & CLAIRE  
RELATIONSHIPS@METRONEWS.CA

Andrea: Dear straight/employed/fit/moral guy, I've made lifelong friendships and even had a date or two doing parkour and martial arts, but I didn't just play and go home. The activities involved one-on-one teaching, and gave me ample opportunities to make friends.

Try to broaden your horizons and pick venues that require you to talk to people. You can try a socially-oriented gym or league, go to a coffee shop regularly and befriend the

staff, and take classes like acting or coaching where you learn by interacting. Best of luck!

Claire: Dear LUUA,

Is it wrong that I think you have an advantage over the many 20-something twits out there — you have a good job, you can spell, and you're ready to meet someone. Plus you come with handcuffs!

You're well ahead of the average guy right there. Still, I think you should listen to my wise 20-something sis: go do something fun — learn to rock climb, go to concerts, spend time doing things you like or think you might like, and hang out afterwards if you feel like it. At worst you'll learn a new skill, and at best you'll meet new people. Good luck, and please keep us posted!

**TWO SISTERS, 20-SOMETHING ANDREA AND 30-SOMETHING CLAIRE, OFFER THEIR DIFFERING VIEWS ON YOUR RELATIONSHIP ISSUES.**



# EASE THE BURDEN



BANANASTOCK/THINKSTOCK

## SCHOLARSHIPS, BURSARIES CAN OFFER RELIEF FOR STUDENTS

If you are a high school student considering attending a university or college after graduation but are worried you won't be able to afford the expense of a three- or four-year undergraduate degree, possibly followed by graduate studies, you are not alone.

"Students are facing more financial barriers than ever before, thanks to high tuition fees, more student debt and less government funding than 30 years ago," says Roxanne Dubois, the chairperson of the Canadian Federation of Students.

With annual tuitions averaging \$5,000, plus the cost of books and living expenses, it's no wonder that by the time students earn an undergraduate degree, they could be up to their ears in debt. The good news is there is some relief at hand. "Scholarships, bursaries and grants are sums of money designed to help pay tuition fees that students don't have to pay back," says Dubois. These "gifts" can run anywhere

### GOVERNMENT PROGRAMS

The Canada Student Loans Program and the Canada Student Grants Program help by providing student financial assistance in the form of repayable loans and non-repayable grants to Canadians attending post-secondary education in most provinces and territories. For information about both programs, visit [hrsdc.gc.ca/eng/learning/canada\\_student\\_loan/index.shtml](https://hrsdc.gc.ca/eng/learning/canada_student_loan/index.shtml).

from \$500 to covering full tuition costs.

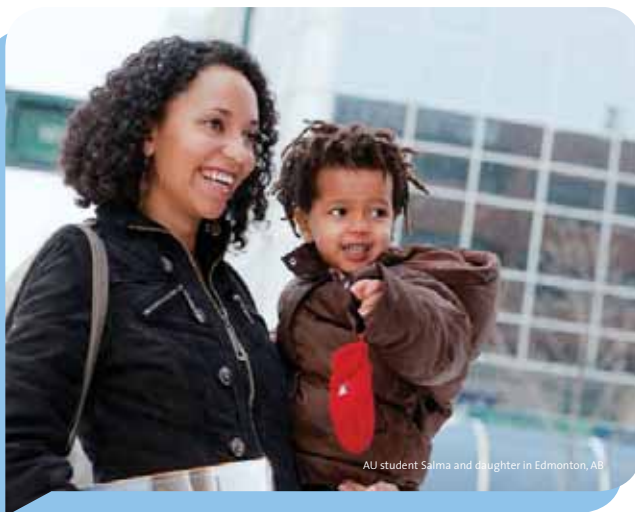
Students can apply to the Canada Student Grants Program and the Canada Student Loans Program; each province has a similar financial-aid program. "You can apply for both as long as you meet the criteria," says Dubois.

Don't forget to check out the post-secondary institution you are either planning to attend or in which you are already enrolled. The school's website should have information about the annual scholarships, bursaries and grants it offers, or you can call the student financial aid office, students' union office or student services office for information.

If you want to dig deeper, you can make some calls to local public agencies that might offer scholarships to certain special interest groups, such as women, francophones or First Nations peoples.

"While scholarships, bursaries and grants don't usually make much of a dent in the overall debt load unless someone is lucky enough to get one that pays full tuition, they do help ease the financial burden somewhat for those who receive them," says Dubois.

— Jane Doucet



AU student Salma and daughter in Edmonton, AB

## FINDING THE RIGHT BALANCE

Losing her spot on the honour roll is the price Amy Pielaszek has to pay for working 30 hours per week as a drug store supervisor.

"It's stressful at times," says the 20-year-old Mohawk College student. "It's hard to balance everything. If I work the night before I have a test, I'm kind of screwed."

Results on a recent psychology test tumbled to 60 per cent from an earlier score of 92. She had to work the night before her test. "In high school I was on the honour roll, but this year it's debatable," she said.

Pielaszek isn't alone. A survey of professors and librarians at Ontario universities found that paid work during the school year could be hindering students' studies. As tuition fees and cost-of-living expenses continue to rise, students are looking for ways to offset escalating costs.

Post-secondary counsellors say there is a maximum number of hours a student should work to successfully manage a full course load. And many work beyond that.

At Calgary's Bow Valley College, that number is 20 hours. Besides offering counselling, time management and budgeting help, the school also has child-care and emergency bursaries that students can access to help balance their expenses.

Ottawa's Carleton University uses the 60-hour rule. If a student is taking 15 hours of classes per week and studying the recommended bare minimum of two hours for every hour of lecture, that totals 45 hours, leaving 15 hours left for paid work.

Students are often reluctant to reveal the number of hours they actually put in for fear they will be advised to quit their jobs, says Carleton's academic adviser Bryan Tinlin. In reality, the fix is in setting priorities.

"If you need to work to pay tuition, you need to reduce your course load," says Tinlin. "Some are willing to do it and some are not."

— Kelly Putter

## Learn. |

Life-long learning never ends. Whether you want to pick up a course just for interest's sake or earn the degree you've always wanted, Athabasca University's online and distance options are ready when you are. [Learn more at explore.athabascau.ca](https://explore.athabascau.ca).



MOUNT ROYAL UNIVERSITY PHOTO

# EXPLORING NEW OPPORTUNITIES

## MOUNT ROYAL ADDS PETROLEUM LAND BUSINESS CERTIFICATE

For business professionals looking to break into the growing petroleum industry or people who are looking to advance their career in that industry, Mount Royal University Faculty of Continuing Education and Extension has added a new program to help you do so.

The Petroleum Land Business Extension Certificate (PLB), developed in association with the Canadian Association of Petroleum Landmen (CAPL), can help students open that door.

"Students explore the technical, legal and business aspects of the petroleum industry and build skills in negotiations and strategic thinking," says Kristin Fulton, program co-ordinator, Arts Science & Technology for the Faculty of Continuing Education and Extension at

### APPLICATIONS

Applications for the Petroleum Land Business Extension Certificate begin Nov. 14 for winter 2012 classes.

To receive the certificate, students must complete all 11 courses, a total of 267 hours. There are no prerequisites to apply, but some business background is recommended.

Mount Royal University.

"We are pleased to work with CAPL to develop this unique certificate to meet the growing need for continuing education in this sector of the industry."

Upon completing this certificate, stu-

dents will have the skills to summarize the technical and legal aspects of the petroleum industry, employ communication skills required for successful negotiations with key industry stakeholders, demonstrate the business acumen required in the petroleum industry, and apply strategic and analytical thinking skills to make sound business decisions.

Some of the courses offered through this program are ideal for professional development and may be taken on their own.

Some of the individual courses will require a prerequisite, if not taken as part of the certificate.

For more information about the PLB program, visit [mtroyal.ca/conted](http://mtroyal.ca/conted).

— Candice Ward

## INFORMATION SESSIONS WILL OFFER LOOK INSIDE MOUNT ROYAL

For those looking to broaden professional skills or even learn more about a particular hobby but are unsure of the offerings, look to Mount Royal University.

Mount Royal's Faculty of Continuing Education and Extension is giving you the chance to check out its vast array of courses and programs available by a number of upcoming information sessions.

"You will get an idea of what the classes are like, as well as expectations for attendance and assignments," says

Karen McCarthy, spokesperson for Mount Royal University, Faculty of Continuing Education and Extension.

"Course instructors and program administrators are on hand to do a brief presentation on the certificate and answer your questions in person."

The Health Studies Certificate will hold its information night March 28, 2012.

Students will be able to get information about many of its popular certificates, such as Addiction Studies,



ISTOCKPHOTO.COM/YM

Massage Therapy, Medical Terminology, Personal Fitness Trainer, Police Studies, Spa Therapy, and many more.

Sessions usually last a couple of hours and participants are encouraged to reserve their spot via email.

More information is available on the website, [mtroyal.ca/conted](http://mtroyal.ca/conted), or by calling 403-440-6875.

— Candice Ward



ISTOCKPHOTO.COM/ADAMKAZ

## STUDY MORE ABOUT THE JUSTICE SYSTEM

For one Calgary police officer, he could not imagine doing anything other than law enforcement.

Coming from Slovakia in 1993, Calgary Police Service Const. Josef Chudy saw his sign to return to police work on a bumper sticker.

"Once I immigrated to Canada, I saw "NOW HIRING" bumper stickers on the back of Calgary police cars and immediately saw my opportunity to go back to what I love," said Chudy.

"Though I have also worked in other professions, I've always remembered it as a great and rewarding career and very important part of my life."

Chudy had worked as an auxiliary police officer in the past, but knew a career with the Calgary police was where he wanted to be.

"I decided to do everything I could to accomplish my goal, rather than being sad for the rest of my life that I'd never tried," said Chudy.

Worried that his previous experience and language skills would not be enough to set him apart from other applicants, Chudy enrolled in the Police Studies Extension Certificate Program at Mount Royal University.

The Police Studies Extension Certificate Program gives students both theoretical and practical skills towards the application of justice in Canada.

Students also examine the major components of the Canadian justice system, the roles of the legislative bodies, courts, law enforcement, corrections and after-care services.

The schedule is designed to also accommodate individuals who are unable to attend regular classes, just like Chudy, who was working full time in construction at the time.

For more information about the Police Studies Extension Certificate, visit [mtroyal.ca/conted](http://mtroyal.ca/conted).

— Candice Ward



# CHOOSE AMBROSE FOR BIOLOGY

Small class sizes, individual attention and hands-on learning make Ambrose University College a sought after location to receive a Bachelor of Science in Biology.

"We intentionally offer more hands-on experience, labs and case studies, while giving students time for discussion," says Dr. Carol Gibbons Kroeker, program chair and assistant professor of Biology at Ambrose University College.

Students can choose to follow one of the three available streams within the biology program — general biology, biomedical and kinesiology.

Students may also choose more specific sub-disciplines of biology, including cell biology, zoology, microbiology, ecology, botany and physiology.

The PhD faculty at Ambrose works with students throughout their degrees so they are better prepared to enter the workforce with hands-on experience.

Field work is also a big part of the



AMBROSE UNIVERSITY COLLEGE PHOTO

education at Ambrose.

Students also get to experience and study in ecosystems outside of Calgary. Such hands-on location research has taken place in Costa Rica, Galapagos Islands, and Bamfield Marine Sciences Centre on Vancouver Island.

These unique locations expose students to ecology, zoology, and botany, as well as significant emphasis on global biodiversity and ecological preservation and restoration. Some pre-requisites are required for enrolment.

For more information, visit [ambrose.edu](http://ambrose.edu) or call 800.461.1222.

Ambrose University College is a Christian university with close to 700 students from a wide variety of backgrounds. The Christian faith is integrated into all aspects of student learning at Ambrose, taught and mentored by the faculty.

# COLUMBIA RECEIVES ACCA ACCREDITATION

## CAN OPEN NEW DOORS FOR STUDENTS

Columbia College is pleased to announce that the Association of Chartered Certified Accountants (ACCA) has granted accreditation to its Diploma in Business Management Program.

"We take this recognition by the ACCA, a well-renowned and respected international accounting body, with immense pride," says Dr. J.T. (Tom) Snell, president of Columbia College.

"It provides yet another convincing demonstration of the quality of our education programs and the high calibre of our faculty and staff."

The Business Management Program at Columbia College is aimed at people hoping to succeed in business either as a professional, a manager or as an entrepreneur.

The program offers students two concentrations, either accounting or general management.

With the announcement of the new accreditation, this program can open new doors to students who complete it.

The ACCA Qualification is recognized

## CELEBRATING 25 YEARS

Columbia College is celebrating its 25th anniversary and wishes to attract more mature and focused learners through smaller classes, accelerated program delivery and dedicated faculty and staff. A select group of programs have transfer agreements with universities such as Mount Royal University, Athabasca University and Royal Roads University in Victoria.

worldwide by thousands of employers, and a number of well-established employers in Canada are actively recruiting ACCA-trained accountant and graduates, according to Columbia College.

"As we work toward achieving degree-granting status, we will continue to improve our program with a goal of achieving additional exemptions from the ACCA," says Snell.

For more information about the Diploma in Business Management Program, visit [columbia.ab.ca](http://columbia.ab.ca).



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Beverley Hejduk  
Program Coordinator  
403-290-5133  
[youth2@ccis-calgary.ab.ca](mailto:youth2@ccis-calgary.ab.ca)

Zelalem Meshesha  
Employment Outreach Developer  
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This project is funded by the Government  
of Canada's Skills Link program.





# EARLY BIRD GETS THE JOB

## START EARLY, DO HOMEWORK WHEN SEEKING INTERNSHIP

When Heather MacLean was seeking a 2009 summer internship that was part of her master of publishing program at Vancouver's Simon Fraser University, she took a strategic approach.

First, although the internship would run from May to August, MacLean be-

gan considering her options, doing her research and contacting people the previous fall. "I thought, if I want to work in the U.S., is that even possible? What's the paperwork? Can I afford it?"

MacLean wanted a paying internship,

since she had completed a non-paying one a few years earlier. By January, she had secured a paying internship with the Department of Canadian Heritage in Ottawa in the Book Publishing Industry Development Program (now the Canadian Book Fund).

"The federal government was a great place to work and I learned a ton," says MacLean, 31. "It provided me with a wealth of resources to write my thesis and lots of support and encouragement."

MacLean offers the following pointers on snagging an internship:

**PICK UNPAID OR PAID.** It's important to decide whether you can afford to work for free for two to four months. "If people are willing, it can be the foot in the door they need to break into an industry," says MacLean.

**EVALUATE YOUR LONG-TERM GOALS.** MacLean required a solid work project to base her thesis on, which was the point of her internship. "I needed an industry supervisor I could rely on and who would respect and appreciate the months of work I would be doing at their office and how my research would benefit them." The federal government co-op program met those needs.

**DO YOUR HOMEWORK.** While many programs help set up placements by offering their industry contacts, you have to do a lot of the legwork yourself.

— Jane Doucet

## EXPERIENCE WAR FIRST-HAND

### STUDY JOURNALISM IN CONFLICT ZONES AT ATHABASCA

Nothing can prepare a journalist for the real-life action of a live conflict zone like the Journalism in Conflict Zones practicum course offered through Athabasca University.

By spending more than two-weeks at the Canadian Manoeuvre Training Centre (CMTC) in Wainwright, Alta., students will get a taste for what it is like to cover a real conflict zone.

"Journalists would come (into a war zone) for a 10-day visit, and for the first five days, they'd be virtually in a daze. They'd have no idea what's going on," said Tom St. Denis, the AU adjunct professor and former Canadian Forces public affairs officer.

"So that's what we're trying to do: Equip journalists with a whole lot more knowledge and boots-on-the-ground experience in covering the military. They'll benefit, the military benefits, and the Canadian people benefit."

The 620-square-kilometre piece of land, called "the box," houses eight "villages" that have been constructed to sim-

ulate conditions in Afghanistan.

Students of the practicum will learn to tell the stories that emerge out of the scenarios portrayed by the 200 civilian role players and 300 military ones.

They will have access to a number of ways of communicating the stories — they can either write, film, edit, be on camera, or take a turn being the news anchor. Experienced war correspondents will be on hand to mentor students throughout the entire exercise. For more information about this practicum and the application requirements, visit [athabascau.ca](http://athabascau.ca).

— Candice Ward  
— with files from Athabasca University

## ATTEND IT, ENGINEER FAIR

The Calgary Engineering-IT Career Fair will be held today from 10 a.m. to 5 p.m. at the Calgary Telus Convention Centre.

Admission is free.

Register to attend the fairs at [ecarrieres.com/en/candidats/inscription.php](http://ecarrieres.com/en/candidats/inscription.php) for the opportunity to maximize your visibility among a select group of recruiters, apply for jobs online and receive the latest job offers and industry news in your field of expertise. Bring several copies of your resumé.

## Engineering-IT Career Fair

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Join us and meet your future employer!



Tuesday, November 8<sup>th</sup>, 2011  
10 a.m. to 5 p.m.

Calgary TELUS  
Convention Center

Info and registration: [www.nationalcareerevent.com](http://www.nationalcareerevent.com)

FREE ENTRANCE



# MAKING A SMOOTH TRANSITION

Immigrating to a new country can pose some challenges when it comes to employment, and one Calgary organization is hoping to make the transition a little smoother for some newcomers.

The Bridging Youth to Success Program, through the Calgary Catholic Immigration Society, helps immigrant youth break into the job market.

"The BYTS program helps newcomers to Canada break down barriers to employment and secure full-time, permanent employment," says Beverley Hejduk, BYTS program co-ordinator.

"Participants get the skills and tools they need to succeed in the Canadian workplace now and in the future."

The program has two interventions, Employability Skills through Work Experience (ESWE) and Work Experience (WE).

The ESWE offers a two-week workshop that covers resumé and cover letter writing, interview skills, job searching and the Canadian workplace environment. After the workshop, partic-



CALGARY CATHOLIC IMMIGRATION SOCIETY PHOTO

ipants are offered individual support in their job search and during the first eight weeks of their employment.

The WE helps individuals gain additional support during their job search while in a work experience placement.

Those attending the workshop are offered a living allowance and a one-month bus pass.

Employers who hire BYTS participants can be provided with a wage subsidy for the first two months of their employment.

The workshop is offered free of charge to eligible clients.

For more information about the BYTS program, contact Hejduk by email at [youth2@ccis-calgary.ab.ca](mailto:youth2@ccis-calgary.ab.ca).

# FINGER ON THE PULSE

## ACADEMY OF LEARNING ADDS 2 NEW PROGRAMS

By examining the needs of the industry and listening to the demands of the students, the Academy of Learning has added two new full programs to its vast menu of course offerings.

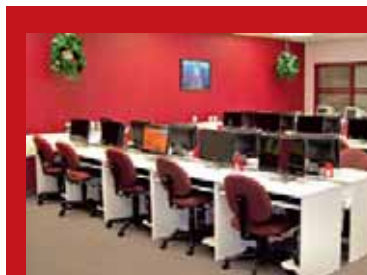
"We're always keeping a finger on the pulse of what people want and what the labour market is looking for," says Brady Sylvester, admissions adviser at the Academy of Learning.

The Academy of Learning has now added Marketing Co-ordinator and Business Management and a new specialized course, Electronic Health Records (EHR), Billing and Coding.

Sylvester says people have been asking for the Marketing Co-ordinator program as they are looking for a career in a creative and exciting field.

He also says the Business Management program is for those who already have experience in fields like retail or hospitality, but would like to move ahead in those careers because they may be lacking in education or credentials.

People who have been hoping to add to their skill set or people looking to break



ACADEMY OF LEARNING PHOTO

## OPEN HOUSE

For all prospective students looking to learn more about the Academy of Learning, it will be hosting an open house Nov. 24 from 4-8 p.m. at all of its campuses. Each of the three campuses is open to show you how you can get started on a career path and finish in less than a year.

into the medical field have also been asking for the addition of the EHR, Billing and Coding program.

Students can begin applying for these programs now, as intake is continuous.

By offering continuous intake, students are able to get started down their new career paths sooner, without worrying about wait lists or for the next semester.

For more information about these new programs, go to [academyoflearning.com](http://academyoflearning.com).

Be

"The Ambrose Biology program has given me amazing opportunities to explore my passion for a future in Medicine."  
- Donna | Biology



## Discover who you can be.

Open House  
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[ambrose.edu](http://ambrose.edu)



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## HOLIDAY BUDGETING FUN AND FRUGAL

LESLEY SCORGIE  
MONEY@METRONEWS.CA



Does holiday spending make you sweat? Don't fret — take 10 minutes and prepare a holiday budget.

Take five minutes to write down who you need to buy for and approximately how much you'd like to spend per person. Add it up.

If you're like the majority of Canadian households, your shopping list amounts to around \$1,000. Yikes!

Money is tight these days! So, take five more minutes and determine ways to cut back on your overall expenses. Reduce the number of presents.

Rather than buying individual presents for each niece and nephew, purchase a gift for the whole family like a board game or passes to see a movie. Better

yet, draw names for a family gift exchange; one present per person and limit the dollar value. Scrap gifts for colleagues and bake treats instead. Reduce the amount you spend per gift. Buy presents in bulk from discount or wholesale stores.

Make handmade crafts or baked gifts. Shop in advance and spread out your purchases. Monitor online coupon sites like Groupon. Scale down your purchase; buy a smaller set of wine glasses or ½ carat diamond versus a full carat.

Budget for meals and entertainment. Rather than preparing a holiday dinner on your own dime, host a potluck dinner instead. Use coupons and don't overbuy; a smaller turkey and veggie dishes are sufficient.

The holidays are about spending meaningful time with friends and family. Your thoughts and intentions are what count, not how much you spend.

FOR LESLEY SCORGIE'S FULL COLUMN VISIT METRONEWS.CA

# Youth bailout package?

## ON MONEY

ALISON GRIFFITHS  
MONEY@METRONEWS.CA



A September 2011 study by the BC Securities Commission has exposed an impending head-on collision that I've been warning about for years. The financial expectations of Canada's youth are on track to smash into their ever-diminishing financial reality.

The securities commission study surveyed over three thousand 17- to 20-year-olds across Canada.

They found that their expectations for the future

**"The young are heading for financial disaster if we don't take action."**

-ALISON'S MONEY RULE

were vastly different from current reality or what is most probably in the future.

Survey respondents expected to earn, on average, more than \$90,000 in 10 years time. Unfortunately, 25- to 30-year-olds with post-secondary degrees are now only averaging \$31,640.

These figures become even more ominous in the context of a recent Statistics Canada study showing that wages of those 20 to 34, across all levels of education, declined significantly in the 1980s and the trend has continued to present day, though at a lesser pace.

Now factor in unemployment for youth, which hovers in the 14 per cent range compared to the national rate of just over seven per cent, and the picture gets pretty bleak.

Adding menace to these statistics, over half of the

17- to 20-year-olds are already carrying an average of \$8,000 in debt from credit cards, lines of credit, student loans and family borrowing.

By the time they graduate, according to a 2010 Vanier Institute of the Family Study, that amount will have swollen to \$18,000 not including family debt or lines of credit.

And what about those debts? Almost half say they are setting aside money and will "definitely" or "very likely" have them paid off in five years, while 25 per cent are doing nothing.

How likely is that these debts will be paid off in five years? Not likely based on a September 2009 survey by the Canadian Payroll Association, where two-thirds of Canadians 18 to 34 reported they would be in trouble if their paycheck was delayed by only one week.

We simply can't afford to let a generation fail.



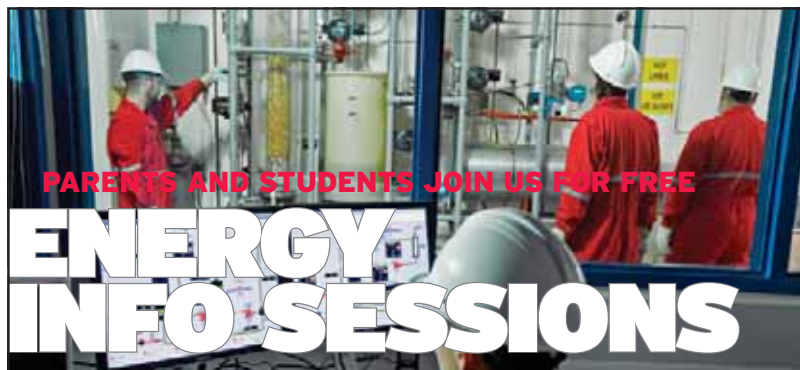
► Many young people are in debt and job-insecure.

We must make every effort to reduce youth unemployment and help them avoid or pay down debt, particularly student loans.

Since it is financial literacy month this isn't only a good goal, but also an essential one.

ALISON GRIFFITHS IS THE AUTHOR OF THE UPCOMING BOOK COUNT ON YOURSELF: TAKE CHARGE OF YOUR MONEY.

REACH HER AT ALISONGRIFFITHS.CA OR GRIFFITHS.ALISON@GMAIL.COM.



PARENTS AND STUDENTS JOIN US FOR FREE

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Join us on Tuesday, November 8 at 7:00 pm in Room MA124 in the Heritage Hall Building.

Call 403.284.8451 or E-mail: [energy.mse@sait.ca](mailto:energy.mse@sait.ca) to confirm your attendance or for more information.

### INSTRUMENTATION ENGINEERING TECHNOLOGY

What's your measurement for success? In the Instrumentation Engineering Technology program you'll receive theoretical and practical training in the operation and maintenance of automated process control and measurement systems. Instrumentation Engineering Technologists apply knowledge and principles of pneumatic, electronic and microcomputer systems to measure and control pressure, flow, temperature level, chemical composition and other processes.

Join us on Tuesday, November 8 at 7:00 pm in Room MA122 in the Heritage Hall Building.

Call 403.284.8451 or E-mail: [energy.mse@sait.ca](mailto:energy.mse@sait.ca) to confirm your attendance or for more information.

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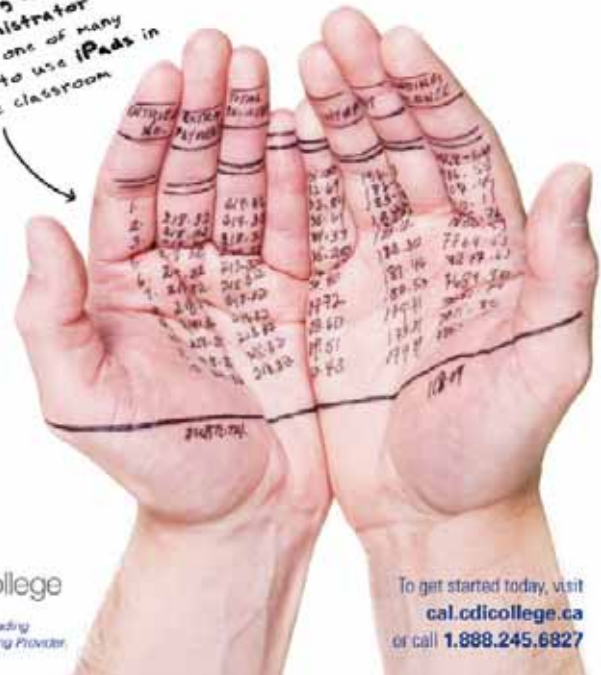
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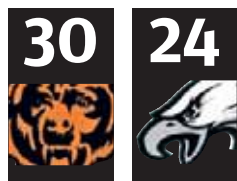
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# Bears best reeling Eagles

Chicago win puts so-called 'dream team' from Philadelphia in three-game hole in NFC East



BEARS

EAGLES

Matt Forte bounced back from two costly turnovers and Jay Cutler rallied the resilient Bears.

Cutler threw a go-ahead 5-yard touchdown pass to Earl Bennett in the fourth quarter, Forte ran for 133 yards and the Chicago Bears beat the Eagles 30-24 last night in Philadelphia.

It was a crushing loss for Michael Vick and the Eagles (3-5), who blew a fourth-quarter lead for the fourth time this season. Jeremy Maclin fell down and was tackled at the Bears 30 after a 9-yard catch on fourth-and-10 with just under two minutes left.

The defending NFC East champions trail the New York Giants (6-2) by three games.

Chicago (5-3) won its third-straight game, but remains third in the NFC North behind Green Bay (8-0) and Detroit (6-2).

LeSean McCoy's 33-yard touchdown run following Forte's second fumble gave the Eagles a 24-17 lead in the third quarter, the Bears answered with 13 straight points.

Robbie Gould kicked a 38-yard field goal to cut it to



► Bears quarterback Jay Cutler passes against Eagles linebacker Akeem Jordan last night.

24-20, and then Chicago's defence forced a punt after three plays.

The Bears drove 51 yards for the go-ahead score with Cutler tossing a 5-yard TD pass to Bennett over Asante Samuel for a 27-24 lead.

The Eagles reached the Bears 42 on their next drive. On fourth-and-six, punter Chas Henry bounced a pass to a wide-open Colt Anderson and

Chicago took over.

Henry spent a lot of time throwing passes to long snapper Jon Dorenbos on the sideline in the second quarter, presumably warming up for the fake punt. He got his chance and badly underthrew the pass.

The Bears took advantage. A pass interference penalty on Nnamdi Asomugha at the Eagles seven prolonged the drive. The

defence stiffened and Gould hit a 22-yarder to extend the lead to 30-24.

Trent Cole knocked the ball loose from Forte following a 6-yard run midway through the third quarter, and Mike Patterson recovered at the Bears 41. Forte was originally ruled down, but the play was overturned when the Eagles challenged.

Two plays later, McCoy

sprinted down the left side and into the end zone to score for the eighth-straight game, tying Hall of Famer Steve Van Buren's club record.

In a matchup featuring two of the game's best running backs, Forte outplayed McCoy except for the two fumbles.

McCoy had 71 yards rushing.

THE ASSOCIATED PRESS

## Crosby could be back this Friday

Sidney Crosby didn't say no.

He didn't say yes, either. But yesterday, the NHL's sidelined superstar said he could return from his 10-month concussion layoff as early as this weekend.

While the Penguins captain emphasized his status hasn't changed — and there is no target date for his long-anticipated return — he also said he isn't ruling out any game on the upcoming schedule.

Only a week ago, by

**"I'll reiterate to you again, there is not a timetable or a date right now that we know and you don't."**

PENGUINS COACH DAN BYLSMA

contrast, he said there was no chance he would play last Thursday in San Jose or Saturday in Los Angeles. Pittsburgh is enjoying a five-day break before playing the Dallas Stars at home Friday and the Carolina Hurricanes on the road Saturday.

"That's a possibility," Crosby said of returning

Friday. "Just like however many games left there are (a possibility). ... I'd love it to be (Friday), but I would have loved it to be on the West Coast trip, too. There are a lot of different guesses but, like I said, everyone's guesses are as good as mine."

There is guesswork involved because nobody

seems to know for certain how much contact — or how little — Crosby must absorb during practice for his doctors to clear him to play for the first time since Jan. 5.

Crosby unexpectedly flew back to Pittsburgh from Los Angeles to meet Sunday with his concussion specialists, touching off talk that his return was imminent. However, he said he merely wanted to get the session out of the way so he could take part

in team-building activities yesterday and today.

Penguins coach Dan Bylsma also said nothing has changed. Crosby goes through all drills during practices with his teammates, then is evaluated periodically by those overseeing his recovery to see how he is progressing.

"I just tell them how I feel. That's usually how it goes, giving feedback and letting them know how I'm feeling," Crosby said.

THE CANADIAN PRESS

4  
sports

### Sports in brief



Joe Frazier, the former heavyweight champion who handed Muhammad Ali his first defeat yet had to live forever in his shadow, died last night after a brief final fight with liver cancer. He was 67.

The family issued a release confirming the boxer's death.

Frazier, who took on Ali in three momentous fights in the 1970s — including the epic "Thrilla in Manila" — had been under home hospice care after being diagnosed just weeks ago with the cancer that took his life, a family friend said. Until then, Frazier had been doing regular autograph appearances, including one in Las Vegas in September.

THE ASSOCIATED PRESS

NATIONAL HOCKEY LEAGUE

EASTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Pittsburgh	15	9	3	1	2	45	34	21	4-1-1-0	5-2-0-2	6-3-0-1	W1
d-Toronto	14	9	4	1	0	45	46	19	5-1-1-0	4-3-0-0	6-4-0-0	L1
d-Washington	12	9	3	0	0	48	33	18	6-0-0-0	3-3-0-0	7-3-0-0	L1
Philadelphia	14	8	4	1	1	58	44	18	4-3-1-1	4-1-0-0	5-4-0-1	W1
NY Rangers	13	7	3	1	2	35	28	17	4-1-0-1	3-2-1-1	7-2-0-1	W4
Buffalo	13	8	5	0	0	36	28	16	3-4-0-0	5-1-0-0	6-4-0-0	W2
Tampa Bay	14	7	5	0	2	44	46	16	4-1-0-1	3-4-0-2	6-3-0-1	W2
Florida	13	6	4	0	3	34	36	15	2-1-0-3	4-3-0-0	4-3-0-3	L3
Ottawa	15	7	7	0	1	45	55	15	5-3-0-1	2-4-0-0	6-3-0-1	L3
New Jersey	12	6	5	0	1	30	34	13	3-2-0-1	3-3-0-0	5-3-0-1	W2
Carolina	14	5	6	2	1	35	47	13	3-3-0-1	2-3-2-0	4-4-1-1	L2
Boston	13	6	7	0	0	40	30	12	4-5-0-0	2-2-0-0	5-5-0-0	W3
Montreal	13	5	6	1	1	34	36	12	2-3-1-1	3-3-0-0	4-4-1-1	L1
Winnipeg	14	5	7	1	1	35	45	12	2-2-0-0	3-5-1-1	4-4-1-1	L2
NY Islanders	12	4	6	1	1	25	35	10	4-3-1-0	0-3-0-1	3-5-1-1	L1

WESTERN CONFERENCE

	GP	W	L	OTL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Dallas	13	10	3	0	0	40	31	20	6-1-0-0	4-2-0-0	8-2-0-0	W3
d-Chicago	14	8	3	1	2	46	42	19	5-1-0-2	3-2-1-0	6-2-1-1	L2
d-Edmonton	13	8	3	0	2	30	22	18	5-1-0-1	3-2-0-1	7-2-0-1	L1
Minnesota	13	7	3	2	1	30	26	17	5-2-1-0	2-1-1-1	6-2-2-0	W4
Nashville	13	7	4	1	1	35	34	16	2-2-0-1	5-2-1-0	5-3-1-1	W1
Phoenix	13	7	4	0	0	38	36	16	4-3-0-1	3-1-0-1	6-3-0-1	W1
San Jose	12	7	4	1	0	37	33	15	2-2-1-0	5-2-0-0	6-3-1-0	L1
Los Angeles	13	6	4	1	2	28	28	15	3-3-0-1	3-1-1-1	5-3-1-1	L4
Colorado	14	7	6	1	0	40	42	15	1-5-0-0	6-1-1-0	4-5-1-0	W1
Vancouver	15	7	7	0	1	45	44	15	3-2-0-1	4-5-0-0	5-5-0-0	W1
Detroit	12	6	5	1	0	29	39	13	4-2-1-0	2-3-0-0	4-5-1-0	W1
Calgary	13	6	6	1	0	30	32	13	3-3-1-0	3-4-0-0	5-4-1-0	W1
Anaheim	14	5	6	1	2	27	41	13	3-2-0-0	2-4-1-0	2-5-1-2	L5
St. Louis	13	6	7	0	0	32	35	12	3-1-0-0	3-6-0-0	5-5-0-0	L1
Columbus	14	2	11	0	1	31	53	5	2-4-0-1	0-7-0-0	2-8-0-0	L2

d – division leaders ranked 1-2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results

Boston 6 N.Y. Islanders 2  
Los Angeles at San Jose

Sunday's results

Calgary 2 Colorado 1  
Vancouver 6 Chicago 2  
N.Y. Rangers 3 Winnipeg 0  
Dallas 5 Carolina 2  
Tampa Bay 4 Florida 3 (SO)

Tonight's games

All Times Eastern  
Winnipeg at Buffalo, 7 p.m.  
Florida at Toronto, 7 p.m.  
Carolina at New Jersey, 7 p.m.  
Dallas at Washington, 7 p.m.  
Edmonton at Montreal, 7:30 p.m.  
Chicago at Detroit, 7:30 p.m.  
Colorado at St. Louis, 8 p.m.  
Minnesota at Calgary, 9 p.m.  
Nashville at Los Angeles, 10:30 p.m.

Tomorrow's games

N.Y. Rangers at Ottawa, 7:30 p.m.  
Philadelphia at Tampa Bay, 7:30 p.m.  
Nashville at Anaheim, 10 p.m.

Thursday's games

Edmonton at Boston, 7 p.m.  
Chicago at Columbus, 7 p.m.  
Toronto at St. Louis, 8 p.m.  
Florida at Winnipeg, 8:30 p.m.  
N.Y. Islanders at Colorado, 9 p.m.  
Montreal at Phoenix, 9 p.m.  
Vancouver at Los Angeles, 10:30 p.m.  
Minnesota at San Jose, 10:30 p.m.

SCORING LEADERS

	G	A	PT
Kessel, Tor	10	11	21
Giroux, Pha	9	10	19
Backstrom, Wash	5	13	18
H.Sedin, Vcr	5	13	18

D.Sedin, Vcr	6	11	17
Lupul, Tor	8	8	16
Vanek, Buf	8	8	16
Kopitar, LA	7	9	16
Benn, Dal	5	11	16
Stamkos, TB	10	5	15
Pavelski, SJ	9	6	15
Eriksson, Dal	8	7	15
Jagr, Pha	6	9	15
Spezza, Ott	6	9	15
Pominville, Buf	5	10	15
P.Kane, Chi	4	11	15
Edler, Vcr	3	12	15
M.Bergerson, TB	2	13	15
Michalek, Ott	9	5	14
Neal, Pgh	9	5	14
Seginu, Bos	7	7	14
Skinner, Car	6	8	14
Ra.Whitney, Phx	6	8	14
Legwand, Nash	5	9	14
Selmane, Ana	5	9	14
St. Louis, TB	3	11	14
Gaborik, NYR	7	6	13
Ma.Hossa, Chi	7	6	13
Ovechkin, Wash	6	7	13
Versteeg, Fla	5	8	13
Karlsson, Ott	1	12	13
Letang, Pgh	1	12	13
Tavares, NYI	8	4	12
Nugent-Hopkins, Edm	6	6	12
Smyth, Edm	6	6	12
van Riemsdyk, Pha	6	6	12
T.Fleischmann, Fla	5	7	12
Hartnell, Pha	5	7	12
Purcell, TB	5	7	12
P.Sharp, Chi	5	7	12
Vrbata, Phx	5	7	12
Briere, Pha	4	8	12
Plekacac, Mtl	4	8	12
Campbell, Fla	1	11	12

Not including last night's games

HOCKEY

CHL/RUSSIA SUPER SERIES

All Times Eastern  
Last night's result  
At Victoriaville, Que.  
Russia 2 QMJHL 0  
Tomorrow's game  
At Quebec City  
Russia vs. QMJHL, 7 p.m.  
Thursday's game  
At Ottawa  
Russia vs. OHL, 7 p.m.  
Monday, Nov. 14  
At Sault Ste. Marie, Ont.  
Russia vs. OHL, 7 p.m.  
Wednesday, Nov. 16  
At Regina  
Russia vs. WHL, 8 p.m.  
Thursday, Nov. 17  
At Moose Jaw, Sask.  
Russia vs. WHL, 8 p.m.

IIHF 2011 WORLD JUNIOR A CHALLENGE

At Langley, B.C.

PRELIMINARY ROUND

All Times Eastern  
Last night's results  
Canada East 3 Czech Republic 0  
U.S. vs. Sweden  
Tonight's games  
Czech Republic vs. Russia, 7 p.m.  
Sweden vs. Canada West, 10:30 p.m.  
Tomorrow's games  
Russia vs. Canada East, 7 p.m.  
Canada West vs. U.S., 10:30 p.m.

IIHF 2012 WORLD JUNIOR CHAMPIONSHIP

PRELIMINARY ROUND

Monday, Dec. 26  
At Edmonton  
Canada vs. Finland, 3:30 p.m.  
U.S. vs. Denmark, 8 p.m.  
At Calgary  
Sweden vs. Latvia, 5:30 p.m.  
Russia vs. Switzerland, 10 p.m.  
Tuesday, Dec. 27  
At Edmonton  
Denmark vs. Czech Republic, 8 p.m.  
At Calgary  
Latvia vs. Slovakia, 10 p.m.  
Wednesday, Dec. 28  
At Edmonton  
Finland vs. U.S., 3:30 p.m.  
Czech Republic vs. Sweden, 8 p.m.  
At Calgary  
Switzerland vs. Sweden, 5:30 p.m.  
Slovakia vs. Russia, 10 p.m.  
Thursday, Dec. 29  
At Edmonton  
Canada vs. Denmark, 8 p.m.  
At Calgary  
Russia vs. Latvia, 10 p.m.  
Friday, Dec. 30  
At Edmonton  
Czech Republic vs. U.S., 3:30 p.m.  
Denmark vs. Finland, 8 p.m.  
At Calgary  
Slovakia vs. Sweden, 5:30 p.m.  
Latvia vs. Switzerland, 10 p.m.  
Saturday, Dec. 31  
At Edmonton  
Finland vs. Czech Republic, 4 p.m.  
U.S. vs. Canada, 8 p.m.  
At Calgary  
Switzerland vs. Slovakia, 6 p.m.  
Sweden vs. Russia, 10 p.m.

NFL

WEEK NINE

AMERICAN CONFERENCE

EAST						
	W	L	T	Pct	PF	PA
New England	5	3	0	.625	222	184
N.Y. Jets	5	3	0	.625	199	163
Buffalo	5	3	0	.625	222	174
Miami	1	7	0	.125	138	169
SOUTH						
Houston	6	3	0	.667	236	157
Tennessee	4	4	0	.500	156	169
Jacksonville	2	6	0	.250	98	163
Indianapolis	0	9	0	.000	128	283
NORTH						
Baltimore	6	2	0	.750	208	130
Cincinnati	6	2	0	.750	195	140
Pittsburgh	6	3	0	.667	196	162
Cleveland	3	5	0	.375	119	170

WEST						
	W	L	T	Pct	PF	PA
Kansas City	4	4	0	.500	131	201
San Diego	4	4	0	.500	199	204
Oakland	4	4	0	.500	184	216
Denver	3	5	0	.375	171	224

NATIONAL CONFERENCE

EAST						
	W	L	T	Pct	PF	PA
N.Y. Giants	6	2	0	.750	198	184
Dallas	4	4	0	.500	179	175
Philadelphia	3	5	0	.375	203	182
Washington	3	5	0	.375	127	158
SOUTH						
New Orleans	6	3	0	.667	287	205
Atlanta	5	3	0	.625	189	170
Tampa Bay	4	4	0	.500	147	196
Carolina	2	6	0	.250	187	207
NORTH						
Green Bay	8	0	0	1.000	275	179
Detroit	6	2	0	.750	239	147
Chicago	5	3	0	.625	200	174
Minnesota	2	6	0	.250	172	199

WEST

	W	L	T	Pct	PF	PA
San Francisco	2	1	0	.875	206	118
Seattle	7	6	0	.500	122	185
Arizona	2	6	0	.250	162	196
St. Louis	1	7	0	.125	100	211
Byes: Carolina, Detroit, Jacksonville, Minnesota						
Last night's result						
Chicago 30 Philadelphia 24						
Sunday's results						
Dallas 23 Seattle 13						
Miami 31 Kansas City 3						
New Orleans 27 Tampa Bay 16						
Houston 30 Cleveland 12						
San Francisco 19 Washington 11						
N.Y. Jets 27 Buffalo 11						
Atlanta 31 Indianapolis 7						
Denver 38 Oakland 24						
Cincinnati 24 Tennessee 17						
Green Bay 45 San Diego 38						
Arizona 19 St. Louis 13 (OT)						
N.Y. Giants 24 New England 20						
Baltimore 23 Pittsburgh 20						

WEEK 10

All Times Eastern  
Thursday, Nov. 10  
Oakland at San Diego, 8:20 p.m.  
Sunday, Nov. 13  
Buffalo at Dallas, 1 p.m.  
Denver at Kansas City, 1 p.m.  
Washington at Miami, 1 p.m.  
St. Louis at Cleveland, 1 p.m.  
Arizona at Philadelphia, 1 p.m.  
Tennessee at Carolina, 1 p.m.  
Pittsburgh at Cincinnati, 1 p.m.  
Houston at Tampa Bay, 1 p.m.  
New Orleans at Atlanta, 1 p.m.  
Jacksonville at Indianapolis, 1 p.m.  
Baltimore at Seattle, 4:05 p.m.  
N.Y. Giants at San Francisco, 4:15 p.m.  
Detroit at Chicago, 4:15 p.m.  
New England at N.Y. Jets, 8:20 p.m.  
Monday, Nov. 14  
Minnesota at Green Bay, 8:30 p.m.

GOLF

PGA MONEY LEADERS

(all figures in U.S. dollars)

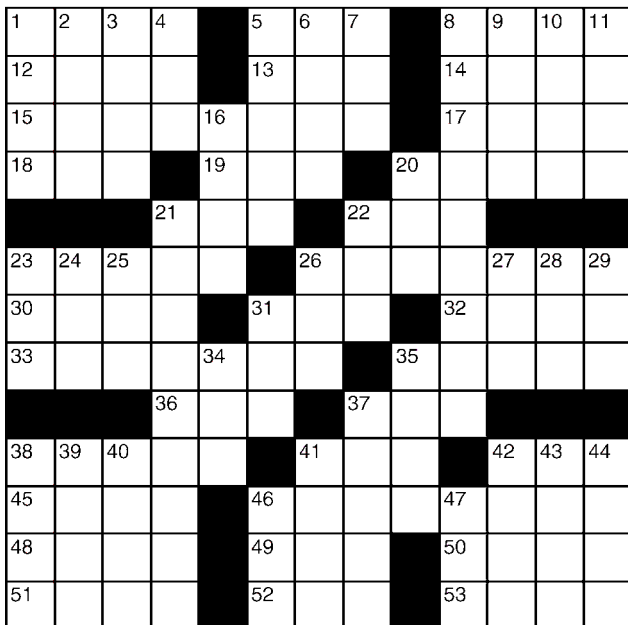
	Tm	Money
1. Luke Donald	19	\$6,683,214
2. Webb Simpson	26	\$6,347,353
3. Nick Watney	22	\$5,290,673
4. K.J. Choi	22	\$4,434,691
5. Dustin Johnson	21	\$4,309,961
6. Matt Kuchar	24	\$4,233,920
7. Bill Haas	26	\$4,088,637
8. Steve Stricker	19	\$3,992,785
9. Jason Day	21	\$3,962,647
10. David Toms	23	\$3,896,090
11. Adam Scott	18	\$3,764,797
12. Phil Mickelson	21	\$3,763,488
13. Keegan Bradley	28	\$3,758,600
14. Brandt Snedeker	26	\$3,587,206
15. Hunter Mahan	25	\$3,503,540
16. Bubba Watson	22	\$3,477,811
17. Gary Woodland	25	\$3,448,591
18. Justin Rose	23	\$3,401,420
19. Mark Wilson	26	\$3,158,477
20. Aaron Baddeley	22	\$3,094,693
21. Jason Dufner	23	\$3,057,860
22. Jonathan Byrd	26	\$2,938,920
23. Martin Laird	23	\$2,676,509
24. Charl Schwartzel	15	\$2,604,558
25. Charles Howell III	30	\$2,509,223
26. Fredrik Jacobson	25	\$2,488,325
27. Rory Sabbatini	2	\$2,420,655
28. Vijay Singh	27	\$2,371,050
29. Bo Van Pelt	27	\$2,344,546
30. Kevin Na	31	\$2,336,965
31. Spencer Levin	26	\$2,320,030
32. Y.E. Yang	18	\$2,314,865
33. John Senden	26	\$2,294,816
34. Chez Reavie	27	\$2,285,067
35. Graeme McDowell	34	\$2,174,191
36. Rickie Fowler	27	\$2,084,683
37. D.A. Points	26	\$2,034,156
38. Brendan Steele	27	\$1,976,310
39. Steve Marino	27	\$1,975,076
40. Bryce Molder	23	\$1,957,044



## Crossword

### Across

- 1 Chew at persistently  
5 Banned bug killer  
8 "American —"  
12 Architect Saarinen  
13 Rage  
14 Exploding star  
15 Outer  
17 Campus area, for short  
18 Pigpen  
19 Ovary  
20 Sullen and gruff  
21 Agent  
22 Luau side dish  
23 Undoes a dele  
26 Log  
30 Basin accessory  
31 Wicked  
32 Corn Belt state  
33 Army rank  
35 Moist in the morn  
36 "Just kidding!"  
37 Owns  
38 Festoons  
41 Petrol  
42 Blackbird  
45 Poetic foot  
46 Hellish  
48 Transport on Oscar night  
49 Trench  
50 Hoisted, nautically  
51 U.S. fort where gold is kept  
52 Donkey  
53 Cameo gem
- Down**  
1 The Bee —  
2 Adjacent (to)  
3 Bohemian  
4 Travail  
5 Having set-in stains  
6 "La Cage aux Folles" costuming  
7 — Aviv  
8 Requests for information  
9 Gloomy  
10 Elliptical  
11 Country trio — Antebellum  
16 Dems' rivals  
20 Old French coin  
21 Case for storing valuables  
22 Pea holder  
23 Moment  
24 Pair

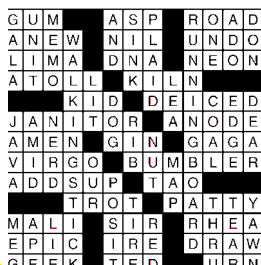


- 6 "La Cage aux Folles" costuming  
7 — Aviv  
8 Requests for information  
9 Gloomy  
10 Elliptical  
11 Country trio — Antebellum  
16 Dems' rivals  
20 Old French coin  
21 Case for storing valuables  
22 Pea holder  
23 Moment  
24 Pair

- 25 Moray, for one  
26 Tokyo-based carrier  
27 Affirmative action?  
28 Shock and —  
29 Legislation  
31 Wager  
34 Ph. bk. data  
35 Foundation  
37 Weapons' handles  
38 Luxurious fabric  
39 Large, heavy wagon  
40 Bullets et al.  
41 Wildebeests  
42 Unsigned (Abbr.)  
43 Almost black

- 44 Holly  
46 Glass of NPR  
47 Pi follower

### ► Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►

## A look at the weather

TODAY	TOMORROW	THURSDAY
Min -5° Max 2°	Min -10° Max 3°	Min -3° Max 5°

### Andrew Schultz, Meteorologist

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta." WEEKDAYS 5:30AM



## Today's horoscope

- ♈ Aries March 21-April 20** You must get over the idea everyone you meet wants to cheat you. It isn't true.  
**♉ Taurus April 21-May 21** You won't be able to hide your feelings from other people today, so don't even try.  
**♊ Gemini May 22-June 21** Chances are most things can wait until tomorrow, if not the day after, so take it easy.  
**♋ Cancer June 22-July 22** Make this the day of the week you take off to recharge your batteries. Tomorrow you'll fly.  
**♌ Leo July 23-Aug. 23** Learn

- what you can from what went before and then move purposefully towards the future.  
**♍ Virgo Aug. 24- Sept. 22** Be wary of anyone who tries to encourage you to take unnecessary risks. What's in it for them?  
**♎ Libra Sept. 23-Oct. 23** Someone will try to take something from you today, but they won't succeed.  
**♏ Scorpio Oct. 24-Nov. 22** Be selective in what you do or a lot of your energy will be wasted.  
**♐ Sagittarius Nov. 23-Dec. 21** Rivals and competitors seem determined to give you a hard

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

- time. Keep telling yourself that you have what it takes to be the best and keep telling them that you refuse to play by their rules.  
**♑ Capricorn Dec. 22-Jan. 20** Nothing in your life is set in stone.  
**♒ Aquarius Jan. 21-Feb. 18** Control your desires, don't let them control you.  
**♓ Pisces Feb. 19-March 20.** Focus on the big issues today. Don't allow yourself to be distracted by the little, everyday things that tend to take up far more time and energy than they are worth. **• SALLY BROMPTON**

## Caption contest



**WIN! You write it!**

Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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regular cab 2WD  
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now starting from

**\$14,999**

**\$92 b/w**

12 to choose from!

stk# C110827

**CHEVROLET**  
extended cab 2WD  
WAS \$31,580  
now starting from

**\$16,499**

**\$99 b/w**

23 to choose from!

stk# C111792

**GMC AND CHEVROLET**  
crew cab 4X4  
WAS \$36,350  
now starting from

**\$23,999**

**\$147 b/w**

36 to choose from!

stk# C111505

**GMC AND CHEVROLET**  
ext.cab 4X4 Nevada Edition  
WAS \$39,535  
now starting from

**\$26,499**

**\$162 b/w**

14 to choose from!

stk# P111255

## BUICKS



**BUICK LUCERNE**  
WAS \$35,640  
now starting from

**\$25,999**

**\$175 b/w**

8 to choose from!

stk# P110929

**BUICK REGAL**  
WAS \$33,540  
now starting from

**\$26,999**

**\$165 b/w**

5 to choose from!

stk# P110007

**BUICK ENCLAVE**  
WAS \$45,610  
now starting from

**\$35,999**

**\$218 b/w**

10 to choose from!

stk# P110697



**Chevrolet Camaro**

**\$23,999**

**\$162 b/w**

6 to choose from

C111371



**Chevrolet Impala**

**\$23,999**

**\$162 b/w**

8 to choose from

C110233



**Chevrolet Cruze**

**\$13,999**

**\$89 b/w**

23 to choose from

C110755



**Chevrolet Malibu LT**

**\$20,888**

**\$139 b/w**

5 to choose from

C110369



**Chevrolet Aveo LT**

**\$11,888**

**\$79 b/w**

8 to choose from

C111496



**Chevrolet Equinox AWD**

**\$25,999**

**\$155 b/w**

5 to choose from

C111492



**Chevrolet Traverse**

**\$27,999**

**\$170 b/w**

16 to choose from

C111028



**Cadillac CTS**

**\$33,888**

**\$221 b/w**

5 to choose from

C111271



**Cadillac Escalade**

**\$72,999**

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7 to choose from

C111253

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MONDAY - THURSDAY 8AM-9PM FRIDAY 8AM-6PM SATURDAY 9AM-6PM





TELUS employees Surrender and Brenda serving at a soup kitchen.

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